THE NATIONAL POSITIVE PRACTICE IN MENTAL HEALTH AWARDS 2014

Supported by:

NHS Employers, King’s Health Partners, HS Consultancy, MH Today, iS Health Group, Primhe, NHSIQ, Picker Institute Europe, Breakthrough MH, Positive Practice MH Collaborative, Time to Change
Foreword

I am delighted to be able to attend the second year of the National Positive Practice in Mental Health Awards. This event builds on the excellent foundations laid last year. I must congratulate the organisers on being able to extend the awards even further this time around.

The fifteen categories encompass many areas across the field reflecting the diversity of mental health. The categories also reflect a number of the national priorities, such as parity of esteem in the form of the ‘Integrating Physical and Mental Health Care’ award, and 24-hour crisis services in the form of the ‘Improving Care in a Crisis’ category.

It is also wonderful to have the opportunity to celebrate many of the individuals who are striving to deliver the highest level of service possible to others, with the ‘Making a Difference’, ‘Mental Health Administrator’, and ‘Reducing Stigma’ awards.

I am also happy to see the formation of the new Positive Practice MH Collaborative, many members of which are here this evening. I see this as a great way of celebrating practice development and sharing learning across its membership. This will allow the dissemination of best practice across both providers and commissioners: a solid platform for future service improvement.

Thank you for helping to make these awards such a success and for joining us here tonight in such numbers to celebrate all that is positive in mental health. Please continue to lead change to help us boost the national profile of mental health and seek to provide better care for everyone, everywhere.

Norman Lamb MP, Minister for Care and Support
Welcome

Welcome back to Sheffield – it seems like only yesterday when we re-launched the Positive Practice in Mental Health Awards here last year, during the worst storms in forty years. Hopefully, by bringing the 2014 Awards forward by six weeks we will avoid the possibility of any extreme weather conditions, though last year’s weather certainly engendered a fantastic community spirit, which, by all the feedback we received made it a very special night. Needless to say we hope to emulate that this evening, minus the storms of course.

I make no apologies for repeating myself when I say there is a perfect mental health service out there; it’s just not all in one place! I still firmly believe that patients will be treated better if the people responsible for their treatment feel appreciated, valued and recognised for the vital work they do. These awards are certainly not about recognising mediocrity; they are about celebrating excellence and acknowledging those that go the extra mile in increasingly difficult times. As in my humble opinion, despite all of the rhetoric, mental health remains a ‘Cinderella’ service.

Personally, as someone whose thinking has been greatly influenced by the six years I spent with the John Lewis Partnership, I have always believed in the importance of recognising the hard work of others, and my only regret is that we cannot have everyone who was nominated for the awards here tonight.

Be assured, those who have been short-listed for these Positive Practice Awards should feel very proud that not only has their work been reviewed by users of mental health services, they have also been acknowledged by their peers, and these are truly unique awards, with a long history, despite a few years absence.

So all that remains is to wish you all the very best of luck, please enjoy the evening and, on behalf of Breakthrough and the Positive Practice MH Collaborative, I would like to thank both our judges and the following organisations for their invaluable support: NHS Employers, Picker Institute, HS Consultancy, PriMHE, Time to Change, King’s Health Partners, NHS IQ and iS Health Group.

Oh, and just to remind you, we are continuing the work on our comprehensive guide to mental health services/patient journey, and there is likely to be a Positive Practice Learning Set somewhere near you soon. I invite you to stop by our website www.positivepracticemh.com for further details.

Tony Russell – Founder, Positive Practice MH Awards and Secretariat for Positive Practice MH Collaborative
A few words from the Chief Executive of NHS England

I want to thank all those being recognised at this event for all that they do for those that use their services. Across England there are brilliant innovations and excellent services in mental health and the people who make that happen don’t always get the credit they deserve.

There is more that needs to be done and all of us want the NHS to improve. One of the keys to this is celebrating the achievements of the teams and individuals who make a difference through their energy and commitment. We need those people to succeed and we want others to follow in their footsteps.

I am fortunate to have had the opportunity to see mental health services working well in many parts of the NHS, as well as in other parts of the world. It is one of the most rewarding and challenging sectors of any healthcare system. Yet, everywhere, people are grappling with similar problems. So the opportunity to learn from each other and spread the best ideas is very significant indeed.

All of us know that we must do more to put service users at the heart of change and improvement - everywhere, every time. We must also do more to get mental health out of the shadow of physical health and embed it into everything the NHS does.

These awards – ranging across crisis care, good physical health, children, minorities, justice and commissioning – are an important contribution.

Simon Stevens, Chief Executive of NHS England
All Well and Good is a Cartwheel Arts programme of work in arts and health, currently focusing on arts and mental health, through a three year project funded by the Tudor Trust, Art for Wellbeing 2. Cartwheel Arts have tailored their artistic programme to meet the diverse needs of people with mental health issues. The creative programmes on offer take individuals and groups on a journey which leads them to raise confidence and develop new skills, as well as being provided with support to work, volunteer and learn independently.

Raw Sounds is a programme of creative media sessions for people accessing mental health services. Our workshops provide collaboration, expression and the chance to build new skills in a creative environment. ‘Raw Sounds’ seeks to address the social isolation of those young people and adults transitioning from living in hospital to living independently in the community, and is run on a peer-led model, where professional musicians, DJs and producers train service users to become music mentors and facilitate groups for their peers.

Breathe Magic are a pioneering new way of improving communication, social skills and self-efficacy for young people with a range of mental health problems, through the innovative use of magic and the performing arts. It is a bespoke programme that uses specially selected and scaled magic tricks and performing skills as a creative tool to enable young people with mental health problems to engage with their health and well-being in a fun way, whilst at the same time, being very effective.

Award categories and nominees

Art, Mental Health and Wellbeing Award

‘All Well and Good’ Cartwheel Arts – Oldham

‘Breathe Magic’ Great Ormond Street Hospital – London

Raw Material – London

‘Raw Sounds’ is a programme of creative media sessions for people accessing mental health services. Our workshops provide collaboration, expression and the chance to build new skills in a creative environment. ‘Raw Sounds’ seeks to address the social isolation of those young people and adults transitioning from living in hospital to living independently in the community, and is run on a peer-led model, where professional musicians, DJs and producers train service users to become music mentors and facilitate groups for their peers.
BME award

The Football and Music Project – Key Changes, London, and Arsenal FC in the Community

The FaM (Football and Music) project is targeted at young BAME (Black, Asian and Minority Ethnic) males using mental health services in Islington, North London. It promotes both physical and mental health through weekly football practice led by trained Arsenal FC coaches, followed by music sessions led by professional musicians and producers in fully-equipped rehearsal and recording studios. The participants have recently written and produced a team song to promote the project and reflect their footballing experiences and aspirations which has a video that can be viewed on YouTube (youtube.com/keychanges) and the Key Changes website (www.keychanges.org.uk). The project has made a real difference to participants on a number of levels. It has promoted physical fitness and well-being to over 30 young men experiencing severe and enduring mental illnesses through engaging them in culturally relevant leisure interests which are common to them as a group, namely football and music.

Substance Misuse Clinic for Eastern European Service Users – Derbyshire Healthcare NHS Foundation Trust

We provide a dedicated substance misuse clinic for East European service users within Derby. The initiative was our proactive response to twin drivers: a higher-than-average rate of substance misuse among Eastern European migrants living in Derby and approaching treatment for help, coupled with a lower-than-average awareness and understanding of health risks associated with misuse. Heroin and crack cocaine use is particularly prevalent (with established links with poverty) within new and emerging communities and has a significant health impact as well as detrimental impact around involvement in the criminal justice system. Due to their limited English speaking skills, their needs are not met holistically. Despite a significantly higher-than-average rate of substance misuse in this community, we identified a gap between the numbers who would benefit from our established clinic and those who would actually access it. It is already achieving its aims of bringing more users into drug treatment and encouraging them to enter an individually structured programme of 1-to-1 care, planned treatment and health promotion.

‘The Eis Lebadar Project’ Six Degrees – Salford

Eis Lebadar means ‘time to talk’ in Hebrew. The Eis Lebadar Project was set up by Six Degrees Social Enterprise in October 2011 to improve access to mental health care within the Jewish Haredi
community in Salford. Six Degrees runs the Step 2 IAPT services (Improving Access to Psychological Therapies) in Salford, as well as a range of projects that are targeted at under-represented groups. Through this work, Six Degrees was approached by Salford Council for help in approaching the Haredi community, which was not accessing NHS funded mental health services. 5% of the Salford population is Jewish and the Jewish population has increased by nearly 50% over the past decade, due to the rapid expansion of the strictly orthodox Haredi community. It has been necessary for all those that have been involved, to allow the project time to develop. Building up the relationships and trust that was needed to overcome the suspicions that people within the Haredi community previously had of the mental health services could not be done quickly or easily. Access to talking therapies had been restricted to those within the community who could afford to see a private therapist. However, since the project began there has been a marked improvement in uptake of NHS mental health services. Prior to 2011 an average of less than 5 Jewish residents were accessing support from the NHS-funded talking therapy services per year, but the numbers has now grown to over 50 per year.

Commissioning in Mental Health award

West Cheshire Clinical Commissioning Group West Cheshire Clinical Commissioning Group is approaching the commissioning of mental health services in an innovative way. We have established an Integrated Provider Hub, which is a partnership between provider organisations, whose role is to commission services across the whole programme of mental health care rather than commissioning each organisation in isolation.

Introducing an Integrated Provider Hub enables us to have an outcomes based contract across care pathways (regardless of who is providing the service) rather than commissioning episodes of care in a potentially fragmented fashion. This approach allows commissioners to clearly articulate the desired outcomes for the population and enables all providers to work collaboratively to transform services to deliver these outcomes. Ultimately, this ensures that care is provided to the patient at the right time in the right way by the right people.

The Integrated Provider Hub is a partnership between Cheshire and Partnership Trust, NHS Western Cheshire CCG and Cheshire West and Chester. The Integrated Provider Hub works with other third sector, voluntary and independent providers within the mental health pathway.
Hardwick Clinical Commissioning Group, Derbyshire

The Mental Health Commissioning Team works under Hardwick CCG but we lead on the Mental Health Contracts across all 4 Derbyshire CCGs. We are a small but well-established team with clinical and social care experience as well as contracting and business management expertise. We also have a GP working with us 1 day a week to help support the clinical commissioning priorities. We have very close working relationships with the main mental health care provider, Derbyshire Healthcare NHS Foundation Trust and other partner agencies such as voluntary and 3rd sector provider agencies. It was this working relationship that helped successfully commission a Crisis House and “step-down” facility with Richmond Fellowship called ‘2 Care Trevayler’, an already established provider of local residential mental health services. This was in response to the local and national high demand for acute beds whereby some patients are either being admitted to an acute bed in the absence of other alternatives and/or remaining in hospital longer than necessary.

Trevayler has been operating in Derby since 1993, supporting individuals through their recovery journey. Trevayler provides innovative, community-based rehabilitation and recovery services for people with mental health conditions. Their support is focused on short-term, intensive and structured rehabilitation to enable service users help manage their own mental health and well-being. 5 crisis beds and 5 step-down beds have been commissioned in the centre of Derby city in the south of the county and another facility is being considered in Chesterfield.

NHS South Cheshire and Vale Royal Clinical Commissioning Groups, Cheshire

A CQUIN scheme was introduced in 2013/14 between the two CCGs and Cheshire and Wirral Partnership NHSFT (CWP) to introduce systematic baseline dementia screening for people with Down’s syndrome aged 30 onwards. There is an increase in the prevalence rate for dementia in the Down’s syndrome population from the age of 30 onwards, with a steady increase in numbers as people with Down’s syndrome reach their 60s.

The CCGs and CWP recognised the importance of establishing an accurate baseline of cognitive and adaptive functioning for people with Down’s syndrome prior to the onset of the high risk age range for development of dementia, as early detection relies on a good baseline.

Partners also agreed the importance of diagnosing dementia in this population as early as possible in order to ensure the person can access appropriate treatment (cognitive enhancers, as
outlined in NICE guidance) and ongoing support, including the redesign of any care package to ensure the person can stay in their own home wherever possible.

CWP worked closely with GP practices to identify people eligible for the screening. A total of 65 people were offered screening, with 41 completing the assessments. CWP also delivered training with the aim of equipping staff with confidence and knowledge to provide a high quality of care that is appropriate to the individual needs of people with learning disabilities and dementia. It was aimed at support staff to think about the provision of social care, based on the reality of the person with dementia and provide materials and information to support their understanding. The programme included video clips as well as presentations and exercises. Furthermore, each participant was given a pack of resources.

Improving Care for People in a Mental Health Crisis award

Initial Response Team (IRT) – Northumberland, Tyne and Wear NHS Foundation Trust
The need to improve access to mental health services where there was an urgent request for help became clear through extensive engagement with service users, families and referrers across Sunderland, South Tyneside & Gateshead through 2010/12. This whole system engagement about transforming mental health care, led by commissioners, provided the means to develop a wide range of improvements, one of which is the Initial Response Team (IRT). The primary aims of NTW’s IRT were to offer an efficient and clinically effective 24/7 response, through a single point of access, to urgent telephone requests for help from people of all ages and conditions, and to offer triage & routing or signposting to appropriate services within and outside NTW.

The implementation was to reduce clinician administration burden in the existing crisis response and home treatment teams, freeing time to care for service users with the greatest need, while also improving personal and clinical outcomes for people with a mental health crisis by reducing harm and premature mortality, improving safety and patient experience. Service users receive a timely response to urgent requests for help and are now being seen and routed to the most appropriate service. The IRT’s timely response (typically between 10–60 minutes) has
reduced the number of occasions when a situation escalates to the point where a service user needs assistance from an emergency service, i.e. ambulance or police.

**Recovery Clinics – Kent and Medway Partnership NHS Trust** This is about a project where recovery clinics were introduced which has set out new ways of working in an acute admissions unit. The title of this project was ‘Recovery Clinics – A way forward to promote service user involvement in acute mental health inpatient units’. This project has been a great success and has become very popular among service users and in the organisation with evolving results, providing an opportunity for nurses to have therapeutic interactions with service users and thereby promoting their involvement. The clinics are user-led for a duration of 45 minutes. Therefore, the topic for each session is chosen by service users which are relevant to assist in their recovery. The nurse who facilitates the clinics takes a role as an active listener. However, the clinics also provide opportunity to apply psychosocial interventions such as anxiety management, relapse prevention planning, medication management, problem solving and other interventions. The time spent in the clinics is in addition to the time service users spend with their primary nurses.

**Family Work Service – South London and Maudsley NHS Foundation Trust** We have developed a family work service within the acute inpatient care pathway which has been initially piloted in Croydon, London, before being shared with our other boroughs. Carers are a well-known resource and a valued asset. They are often the people who become first aware of their relative’s mental health difficulties, whether it be at initial onset or later relapse, and enable people to seek help (Carter, 2011). However, despite their important contributions, many carers report feeling isolated, unheard, and excluded. Research has also confirmed that caregivers experience high levels of distress, especially in the context of recent inpatient admissions (Boye & Malt, 2002).

Our new service seeks to develop and promote further inclusion of families and improved access to psychological support and therapy. It aims to contribute to clients’ recovery and relapse prevention; offering therapeutic interventions in keeping with NICE guidelines and working in line with other national policies. The family work service includes four different types of activity across three wards. A family and carer ‘awareness-raising’ teaching session has been provided to all wards and is facilitated by our psychologist and a carer consultant. A carers’ clinic has been made available which families and carers can self-refer to.
Integrating Mental and Physical Healthcare award

**Living Well Programme – Southport and Ormskirk NHS Trust**

Living Well is a solution-focused collaboration between patients with long-term health conditions and the psychology service of the acute hospital Trust. It aims to enable participants to improve their mental well-being, and hence quality of life, whilst living with a chronic health condition or disability. The programme comprises a five week group course for up to 12 people, designed and delivered by patient tutors and a monthly drop in follow-up meeting. Attendees, volunteers and paid staff have all found the experience of working together as “very uplifting and inspiring”. Qualitative and quantitative feedback has been extremely positive. Many attendees have ‘graduated’ to being volunteers for the programme which continues to grow and develop over time.

**Bristol Boxfit – Avon and Wiltshire Partnership NHS Trust**

Bristol Boxfit has been set up by a local partnership of staff in a fitness and boxing gym, and physiotherapists (active life trainers) in local mental health services funded by the NHS and City Council. It has provided a major focus in a particularly deprived part of the city on developing healthier physical lifestyles as a central part of improving mental health for sections of the community who have not traditionally engaged well with mainstream mental health services. The Boxfit Project runs weekly sessions, in a boxing gym in the inner city of Bristol, jointly delivered by a professional boxing and fitness trainer, and a clinician member of local mental health services. Service users have been recruited mainly from teams in the city, such as Early Intervention in Psychosis, as well as Recovery Teams, Primary Care and local voluntary sector and community groups.

**The Football and Music Project (FAM) – Key Changes, London and Arsenal FC in the Community**

This project is targeted at young BAME males using mental health services in Islington, North London. It promotes both physical and mental health through weekly football practice led by trained Arsenal FC coaches, followed by music sessions led by professional musicians and producers in fully-equipped rehearsal and recording studios. The participants have recently written and produced a team song to promote the project and reflect their experiences and aspirations (youtube.com/keychanges).

The project has made a real difference to participants on a number of levels. It has promoted physical fitness and well-being to over 30 young men experiencing severe and enduring mental illnesses through engaging them
in culturally relevant leisure interests which are common to them as a group, namely football and music. It has brought together a group of people who are normally isolated from mainstream life and has united both service users and sport and music professionals in positive activities. The benefits of social inclusion, and physical and creative endeavour, have aided service users’ recovery, through enhancement of their social, emotional and technical skills and facilitated positive changes in behaviour and well-being.

The Psychological Medicine Service (PMS) – Pennine Care NHS Foundation Trust This is a service based at The Royal Oldham Hospital, which promotes a bio-psychosocial approach to service users’ care, thereby improving the psychological care of those with a physical illness. There are two aspects of the service – one is delivered primarily from the hospital site, while the other provides services to Pennine Musculoskeletal Partnership Ltd, which is an integrated clinical assessment and treatment service for musculoskeletal disorders. PMS also provides a community based psychology service for stroke patients.

a) The hospital aspect of PMS helps physically unwell service users with psychosocial distress (including psychiatric disorders) associated with their physical health.

b) The Pennine MSK (PMSK) aspect of our service provides psychological/psychiatric input to service users with musculoskeletal conditions. We offer interventions to address their psychological and psychiatric needs (including mental health co-morbidities such as associated depression, anxiety, adjustment difficulties, PTSD (post-traumatic stress disorder), phobia, sleep problems etc) as well as to contribute in pain management by psychological approaches.

One Stop Shop – Guy’s and St Thomas’ Young Adults Diabetes Service This service has developed a One Stop Shop initiative, offering an integrated physical and mental health service for young adults aged 16–23 living with diabetes. The rationale of the clinic is to provide a one stop shop in which psychological care is part of the routine package of diabetes care. There is also access from the clinic to a diabetes podiatrist, and to diabetes eye screening. Within the team it has been widely remarked that the difficulties our young people present with are 10% diabetes and 90% social and emotional. Consequently, diabetes self-care would not improve until we addressed the underlying psychological difficulties.

The Young Adults Diabetes Service offers a twice-monthly multi-disciplinary clinic within secondary care, and a monthly virtual clinic to discuss complex cases.
Innovation in CAMHS award

**Harmless – Nottingham** Harmless is a user-led service that provides support, information, training and consultancy to those who self-harm (or are at risk of), their friends and families, carers and professionals. They deliver therapeutic interventions for people who self-harm from the age of 11+. Established in October 2007, Harmless set out to provide a self-harm service which gave service users a sense of hope and empowerment alongside giving them a voice in the development. Since its initiation, Harmless has continued to build a strong reputation across the UK and is now a leading organisation in the field of self-harm. In 2012 we were awarded The Queen’s Award for voluntary service (equivalent to an MBE) for our work within the community. We work in partnership with existing healthcare providers, both statutory and voluntary, to provide a range of services around the issue of self-harm.

**Breathe Magic – Great Ormond Street Hospital** They are a pioneering new way of improving communication, social skills and self-efficacy for young people with a range of mental health problems, through the innovative use of magic and the performing arts. The project has been designed in collaboration with Magic Circle magicians, clinical staff working within an inpatient mental health unit, academics in the field of child neurology and young mental health service users. It is a bespoke programme that uses specially selected and scaled magic tricks and performing skills as a creative tool to enable young people with mental health problems to engage with their health and well-being in a fun and playful way, while at the same time being highly effective.

For a short film of the Breathe Magic @ GOSH programme, please visit:

http://breatheahr.org/breathe-magic-mental-health/

**Peer Support Workers, CAMHS Service – Rotherham, Doncaster and South Humber NHS Foundation Trust** Rotherham, Doncaster and South Humber NHS Foundation Trust are the first NHS Trust in the UK to employ Peer Support Workers specifically to support transitions between Child and Adolescent Mental Health Services and Adult Mental Health Services. The peer support pilot project provided the vehicle to support improvements in the nationally recognised barriers in transitions at the crossroads of transition from CAMHS to AMHS; research has highlighted the difficulties young people and their families experience in navigating the transition. It can be
a very anxious time for young people and their loved ones, not only due to the changes associated with moving to a different service, but it also comes at a time in a young person’s life where they themselves are experiencing a transition to adulthood. Previous research into the efficacy of peer support suggests both service users and service providers experience benefits from the presence of PSWs.

**Lancashire Tier 4 CAMHS Inpatient Service – Lancashire Care NHS Foundation Trust**
The service has been designed in partnership with young people and families to ensure everything about it reflects their needs and views. The service is on 2 sites, The Platform and The Junction, and provides psychiatric inpatient care for young people between the ages of 12 and 18 years throughout Lancashire, Blackpool, Blackburn with Darwen and South Cumbria. A further example of the difference this service makes is the work of the Participation Team, which is made up of staff, young people and parents all working in partnership to action plan towards continual improvement. This involves young people being on all interview panels for staff recruitment, developing and providing training internally and with partner agencies. The young people and parents meet together with the management team regularly to action plan the NHS and internal standards. The participation work was recently awarded the NHS England Excellence in Participation Award.

**Mymind.org.uk – Cheshire and Wirral Partnership NHS Foundation Trust**
This is an innovative website and twitter account developed for young people by young people in partnership with the NHS Trust CAMHS Service and it is constantly changing and evolving. It was developed through a process of graphic facilitation – please see the “Headstrong” report which documents the process from beginning to end, demonstrated true inclusion and participation: http://Mymind.org.uk/headstrong-report.pdf. The website aims to provide information to young people with emotional or mental health difficulties and their families. It has information about accessing CAMHS and what to expect, as well as links to other services. It has resources for young people and their families as well as professionals to support young people before they access services and when they have been discharged.
Innovation in Mental Health in Primary Care award

Moving Forward, Mental Health Concern – Newcastle The Moving Forward services, managed by Mental Health Concern, has the main aim of supporting people to manage their mental health through tackling social isolation and improving their life choices. Many of the people referred to the service also have other long term physical conditions. The ultimate goal is to help people develop their own network so they can manage their condition with limited or no support from specialist services. This may be through achieving a return to work or education and/or sustaining independent use of community resources.

The Practitioner Health Programme – London The Practitioner Health Programme is a unique service which provides confidential care to doctors and dentists with mental health and/or addiction problems. It has been in operation since 2008 and since then has become one of the largest and most respected practitioner health services in Europe.

Don’t Panic Self-Help – Coventry and Warwickshire Partnership NHS Trust The Trust has developed a series of free-of-charge CBT-based audio interventions known as ‘Don’t Panic Self-Help’, available to download via an app or direct from a web platform. This has been rolled out to all GPs in Coventry and Warwickshire. Talking to GPs, and listening to feedback from patients, the need was identified for an up-to-date solution based on CBT, which has been well-proven to work. This would allow anyone to gain access to support in a way that suits their lifestyle and provides a more discreet route to a variety of resources.

Making a Difference award

Mark Thorpe – Sheffield Health and Social Care NHS Foundation Trust Mark Thorpe is a member of Trust staff, a volunteer and a service user. He works full-time at SPACES (formerly adult mental health day services) as a support worker and also volunteers on the inpatient wards at the Longley Centre. Mark volunteers on Tuesday evenings, Thursday
evenings and all day on Sundays (he also volunteers on Bank Holidays and over the Christmas periods). In his volunteer role, Mark works closely with Sue Robinson (Activity Co-ordinator) and Occupational Therapist staff on Rowan and Maple Wards to provide meaningful activities to service users. Mark helps to organise the Christmas parties and activities every year, as well as weekly activities. In fact, Mark took two days annual leave from his job at SPACES to organise and run the Christmas parties and activities on Rowan and Maple Wards last year.

Mark is always willing to go that extra mile and is highly valued by both service users and the staff he works with. Mark has been volunteering on the wards for the past two years. During this time he has demonstrated excellent empathy to service users and excellent communication skills; his commitment and dedication far exceeds that which is expected in his role as a volunteer.

Dr Daniel Dietch – Lonsdale Medical Centre, London

I qualified as a Doctor in 1992 and, since 2001, have been a GP at Lonsdale Medical Centre, a large urban London practice. I’m passionate about holistic Primary Care and the interface between physical and mental health. Whilst not a psychiatrist, nor, formally, a GPwSI in Mental Health, since becoming a GP I have developed a particular interest in mental health in general, especially mood disorders and bipolar disorder. I’m keen to support these patients who may experience long term suffering and I recognise that there are important gaps in service provision, especially now that Secondary Care are required to discharge many patients, who are often still unwell, back to the GP. Therefore, over the past 5 years or so, I have developed an innovative and high level service for patients, especially those with bipolar disorder, working closely with GP colleagues and Secondary Care. This service runs as part of my normal GP workload and has no additional funding.

Sam Ripley – Southdown Housing Association, Sussex

Sam Ripley works for a third sector employer working within Supported Employment following the IPS (Individual Placement and Support) Model of Employment. This is specifically for people with severe or enduring mental health issues and focuses on gaining competitive, paid employment for individuals based on their aspirations. Part of her role and the Principles of IPS is to be embedded into a Mental Health team as part of the Sussex Partnership Foundation Trust (SPFT); Sam currently works as an Employment Specialist in the East Brighton Community Mental Health Teams. Large numbers of people have and can be supported to secure and maintain paid competitive employment through Individual Placement and Support.
Mental Health Administrator award

**Carly Russell – Delius Ward, Surrey and Borders Partnership NHS Foundation Trust**
Carly is an excellent administrator with great customer service skills. She has been credited with changing the way people view Delius Ward. Her organisational skills and positive approach ensure that Delius Ward is run efficiently and professionally. Not only does this benefit people staying on the ward, it also helps staff and the ward’s communications with other professionals, such as GPs. She has organised the ward’s filing system, ensuring people’s records (such as Care Plans) are kept up-to-date and relevant. She also runs a very effective ‘traffic light’ information system that ensures staff are always acutely aware of the changing needs of those staying on the ward. She liaises with GP surgeries and other community services to ensure staff are well prepared for those coming onto the ward and that discharges run smoothly.

Carly is described by those who come into contact with her as someone who wants to make a difference, is always eager to help in whatever way she can, is good at getting the job done and is compassionate. Ward Manager, Jim Tighe describes her as a remarkable ambassador for the service.

**Lorna Carter – Southdown Housing Association, Sussex**
Lorna Carter works for a third sector employer working within Supported Employment following the IPS (Individual Placement and Support) Model of Employment. This is specifically for people with severe or enduring mental health issues and focuses on gaining competitive, paid employment for individuals based on their aspirations. This is in partnership with Sussex Partnership Foundation Trust NHS (SPFT).

“Having Lorna in our team this past year has had a positive impact on those clients that she has worked with, and raised awareness of the potential employability of our client group within the team. This helps strengthen the building hope for our clients. Lorna has embraced her role, working with clients in a flexible and sensitive way. She has risen to the challenge of working with often chaotic and hard to engage young people with a range of symptoms and needs. Lorna has demonstrated that the IPS model works well with this client group, despite their wide range of needs, which includes education as well as work. She has instinctively adapted the pace of work to what the client can manage, and as such is a valuable addition to EIP”.
Janet Owen – Wirral CAMHS Team, Cheshire and Wirral Partnership NHS Foundation Trust

Jan goes over and above in surpassing her expected job role. Her kind, bubbly and friendly nature towards anyone that is involved, whether they are professionals, service user or their families, provides each and every one with a genuinely warm and comforting welcome into the CAMHS service. She is naturally supportive, she is the hardest worker and she would do anything for anyone. No job is too big, no issue is too small! Everyone needs a Jan!

Jan is the first point of call for all of the referrals of children and adolescents and their families into our Primary Mental Health Team. Due to the work the team does, families are often in crisis and Jan often is the first listening ear the family come across. Her experienced, kind, contained and supportive nature is paramount in putting these families at some ease that help is at hand and sets a precedent of what the families can expect from our team.

In respect of the impact she has on this team, Jan is a unique Mental Health administrator. Jan is imperial to the work the team does and, in turn, her work in organising the team and being completely time-efficient can be seen to better the stress load of the team – although this may burden her. She is a caring and maternal role model for the team, as well as anyone and everyone she comes into contact with, and makes new students, employees and service-users and families her priority in making sure they feel welcome.

Mental Health and Criminal Justice award

MAC-UK – London MAC-UK is a registered charity founded to radically change the way in which mental health and well-being services are delivered to the most excluded young people.

1 in 3 young people who offend have an unmet mental health need. More importantly, 2 in 3 young people do not have a diagnosis but, due to the complexity of the challenges in their lives, have high level mental well-being needs which prevent them from having fulfilling futures. Things like believing they are worthless; not having the confidence to apply for a job and/or struggling to take public transport because they don’t have the planning skills to work out a route. At MAC-UK we spin mental health on its head by taking interventions out of the clinic and onto the street. We have spent five years developing a unique, innovative and ground-breaking model which effectively bridges health and justice using a community youth-led model, we called it Integrate.
Resettle – Liverpool
Resettle is an intensive risk management and intervention service working with high risk men with complex needs on their release from prison. All are subject to Multi Agency Public Protection Arrangements (MAPPA) as a result of their risk. All have significant psychological and social difficulties which would meet the criteria for personality disorder, though many have never had any formal assessment or intervention to address these difficulties whilst in prison. We do not diagnose personality disorder here as we prefer to develop a holistic psychosocial understanding of the individual, underpinned by a psychological formulation which then guides our interventions and conversations with our service users. Our contact begins whilst these men are still in prison so we can develop optimistic and supportive relationships with them and enable them to set realistic goals for their release.

Self Help Services – Manchester
The Adult Gang Clinical Team sit within the Positive Alternatives department of the charity, and deliver bespoke psychological therapy interventions to people experiencing common mental health problems who are at risk of becoming involved with, or are involved with, the criminal justice system. The team works across Manchester, Trafford, Salford and, more recently, Stockport, with a large number of clients who have been affected by gang involvement or activity; latterly there have been a number of clients who have been affected by sexual exploitation. As this cohort experience a wide range of challenges and difficulties, our team is trained to provide a variety of different interventions. We have recruited practitioners who are local to the community and have previously experienced some of the difficulties that the clients encounter; this enables our practitioners to have credibility with the client group and facilitates engagement.

Substance Misuse Team, HM Prison Portland – Avon and Wiltshire Partnership NHS Trust
The team offer a service to all sentenced prisoners who are looking to address their drug and alcohol issues whilst in prison, using their Inside Recovery Programme. As is widely reported, a significant percentage of the prison population have used drugs and/or alcohol in a problematic way at some point in their lives. In addition, dual diagnosis is a significant factor for many within the criminal justice system. The team launched the Inside Recovery Programme in 2012. This is a structured modular group programme which utilises Node-Link Mapping and Motivational Interviewing to assist prisoners who have been assessed as having high treatment needs in relation to drugs and/or alcohol, to work towards recovery.
Mental Well-being of Staff award

Walking Challenge – Avon and Wiltshire Partnership NHS Trust

The results of our 2014 NHS staff survey indicated that our staff were feeling stressed, overworked and did not feel that the organisation was supporting or engaging with them enough. We were keen to implement a staff well-being initiative in response to these results. A consistent theme from the survey was staff feeling stressed and feeling unable to take breaks. This was impacting on their home life and the social context at work. Managers were also expressing concerns that staff were not taking or benefitting from taking breaks during the working day. Walking was chosen because it is the cheapest and easiest exercise to get more active, and it is suitable for all staff, regardless of their fitness level. The physical health benefits of walking are well known, but research has recently shown that walking can alleviate mental stress and improve sleep. The walking challenge has proved to be exceptionally popular with 62 teams signing up.

The Mindfulness for Staff Project – Tees, Esk and Wear Valleys NHS Foundation Trust

The Mindfulness for Staff Project is part of the Trust’s approach to improving the health and well-being of our staff. The project began in April 2013, is funded for three years, and is already demonstrating significant impact on the mental well-being of staff. In advance of the 8-week programme, 3-hour awareness workshops take place to help staff to decide if this form of support would be beneficial to them. The content includes teaching about the theory and practice of mindfulness, experiential elements (short, guided meditation practices) and some time for discussion. In its first year (April 2013–March 2014) 390 staff have attended the Introductory Workshops and 150 staff benefitted from attending the full 8-week programme.

Compassionate Mind Training Course for Staff – Derbyshire Healthcare NHS Foundation Trust

The idea for the course arose following requests for clinical supervision for health visitors to support them with the increase in health visitor students and the impact this would have on the teams. The course was then opened up to other staff across mental health services. The course is derived from Compassion Focussed Therapy, an approach developed by Clinical Psychologist, Professor Paul Gilbert. The premise behind the course for staff was that, by learning the Compassionate Mind Approach for themselves, it would build the foundation for developing ways of
approaching the struggles that come from home, work and clinical work; as staff learn the model by applying it to themselves it would give them a deeper understanding of the model and skills in terms of helping clients.

Older People’s Mental Health award

Dementia Intensive Support Team (DIST) – Norfolk and Suffolk NHS Foundation Trust

The Trust runs Dementia Intensive Support Teams across the two counties. They were established in 2012 and 2013 as part of the redesign of the Trust’s Care Pathways for people with dementia and those with complexity of later life. The resulting services incorporate memory assessment, community mental health teams and the new Dementia Intensive Support Teams. Providing a crisis resolution and Home Treatment function for people with dementia and other age-related mental needs, and their carers, these specialist teams lead the co-ordination, planning and delivery of fully integrated, efficient networks of cross-service community care for dementia/delirium patients. Their objective is to reduce acute hospital admissions and lengths of stay.

The Positive Outlook Programme – Lancashire Care NHS Foundation Trust

The Positive Outlook Programme is a 6-week programme that provides support and education for people with dementia and their carers to promote maximum functional ability and enhance well-being. The educational element for all participants covers topics of life story work, techniques to maintain memory, looking after physical health, promoting independence in activities of daily living and making use of community facilities. Carers have an opportunity each week to meet together as a group to discuss concerns and offer support to one another, whilst the people with dementia meet together to engage in a weekly cognitive stimulation programme. The group offers a safe, non-threatening, non-medical environment, structured and paced to meet the needs of the individuals attending.

Amore Care – Priory Group

Amore Care is one of four divisions of the Priory Group and provides residential and nursing care to people living with dementia. In 2012, Priory made the decision to invest in a new and innovative Dementia Strategy in order to improve the lives and quality of care for people with dementia. The Strategy had a number of key objectives that include the development of a best
practice training programme called Creative Minds. This programme has recently been accredited by the University of Brighton and, for staff that wish to continue their learning, the University are offering credits on completion of Creative Minds. This training is for all staff who work within the care home setting, assuming that all are integral to the care and support of people with dementia. The ethos of the programme is to support people with dementia to live their life to their fullest potential.

**Partnership Working award**

**Wandsworth Psychological therapies and Wellbeing Service (PTWbs) – South West London and St. George’s Mental Health NHS Trust, London**

PTWbs is a Primary Care Service open to people who are aged 18 years and over. The service is part of the Department of Health’s Improving Access to Psychological Therapies (IAPT) initiative and consists of Psychological Wellbeing Practitioners, Cognitive Behavioural Therapists, Clinical Psychologists, Counselling Psychologists, Employment Specialists and an administration team. The values of the service are centred on providing compassionate, thoughtful and evidence-based treatment. The compassion and thoughtfulness that goes into each patient contact can be seen through letters sent to clients, support in supervision and case allocation discussions that take place after each initial telephone consultation appointment. Clients are then given a feedback call to discuss the treatment recommendations, offering a space to answer any queries and promote service user choice.

**The Psychological Medicine Service (PMS) – Oldham – Pennine Care NHS Foundation Trust**

The Psychological Medicine Service, Oldham, is based at The Royal Oldham Hospital and promotes a bio-psychosocial approach to service users’ care, thereby improving the psychological care of those with physical illness. It provides specialist multi-disciplinary psychological and psychiatric assessments and interventions for physically ill service users in the community and clinics, including home visits as and when needed. PMS also provides a community-based psychology service for stroke patients, which provides in-reach into acute stroke wards and intermediate care settings. Currently, the team consists of 1.8 WTE consultant liaison psychiatrists, 2 cognitive
be behavioural therapists, 2 clinical psychologists (including one with special expertise in stroke), 1 clinical psychology assistant (for stroke), 2 higher psychiatry trainee doctors, a Foundation Year doctor, a clinical psychology trainee and 1.6 WTE medical secretaries.

South London Community Choir – South West London and St George’s Mental Health NHS Trust

In 2012, we formed a partnership with the South London Community Choir and established a choir for patients, staff and community choir members within the Shaftesbury Clinic, which is a medium secure psychiatric unit for individuals who have a history of violent offending as well as a mental disorder. This was initially planned to take place over 8 weekly sessions, culminating in the 9th week with a concert put on by all members of the choir for patients, their carers, and staff. The choir comprised volunteers from the South London Choir, including their Choir Director and pianist, between 12 and 16 patients from both the male and female medium and low security forensic wards, and staff members (nursing, OT, Psychology and medics). Around 20 volunteers from the Community Choir, alongside 12–16 patients and between 6 and 8 staff members, came together each week to form the Liberty Choir. The gym was identified as the best place to locate the choir. Patients who wished to attend were brought from the wards each week by nursing staff that stayed with them, and sang with them, throughout the sessions, which lasted for two hours. The choir members mixed together and learnt a range of songs and dance moves during the sessions. At the end of each session, patients socialised with the Community Choir over a buffet meal. The choir gave patients an opportunity to express themselves in a safe and relatively neutral environment, providing them with a sense of freedom, choice and achievement which they rarely encounter in their day-to-day lives on the wards. This is the first time such an initiative has been tried with forensic psychiatric patients and within a secure psychiatric hospital.

Due to the success of this initiative, and the wish of the patients and staff that this continue, funding has been obtained from the League of Friends to allow for two further 8-week workshops and concerts to be held in 2014. Choir ‘champions’ have been recruited from nursing, medical and occupational therapy services as patient representatives to lead on the running of the choir.
Patient Experience award

The Skin Camouflage Service – 5 Boroughs Partnership NHS Foundation Trust One in 250 people in the UK self-harm; a ‘hidden epidemic’ which we need to work in partnership to effectively support across the lifespan. The Skin Camouflage Service is a pioneering project with ‘Changing Faces’ charity – developed by the Trust after securing NHS innovation funding to deliver it as part of personalised mental health recovery packages to service users across all ages. Scars from self-harm are a form of chronic skin condition with long-term consequences but are not included in the data. Historically, medical skin camouflage creams treat dermatological skin conditions – not scarring from self-harm. They are not readily available in primary or secondary care and not embedded in mental health recovery. However, medical skin camouflage can enhance well-being for these individuals.

The Trust aimed to offer this as a therapeutic choice within personalised, patient-centred recovery packages and to demonstrate enhanced well-being, improved confidence with potential reduction in self-harm and to raise awareness with reduced stigma. With its simple model, the camouflage intervention with bespoke prescription creams is taught to users, supporting self-care beyond discharge. Staff and service users describe it as ‘life changing’. Delivered by a trained team, service evaluation shows significant improvement in user/carer well-being, user confidence, patient experience, ability to reintegrate with activities and a reduction in clinical contact time as a result.

Community Eating Disorders Service – Hertfordshire Partnership University NHS Foundation Trust The Hertfordshire Community Eating Disorders Service is a county-wide NHS service which initially covered the west of the county and in 2006 expanded to cover the whole county. The team was set up to provide high quality community care and treatment for people with eating disorders. As the team developed, a particular goal became that of reducing hospital admission for the patient group.

Admission to a specialist inpatient eating disorder unit is costly, with units charging about £470+ a day, so the ability to avoid or reduce the length of admissions brings financial benefits. Any savings can be redirected to patient care within the community team or other services. In addition, in Hertfordshire, all specialist eating disorder admissions are out-of-county, which means the experience of the service user is of having to leave their home, family
and social supports in order to receive treatment for the physical dangers of an eating disorder. Any reduction in the number or length of inpatient admission will mean service users are able to retain their social, familial and functional supports, building on the positives in their lives rather than having to move away from them. The team subsequently received significant investment from Commissioners on a spend-to-save model with the aim to reduce eating disorder hospital admissions by improving the level of community provision. The result was a community team that is able to provide more comprehensive treatment for its service users and hold them safely for longer out of hospital.

**Maintaining Adherence – South Essex Partnership NHS Foundation Trust**

Approximately 200,000 people in England have schizophrenia and the cost of psychosis is estimated at nearly £12 billion in England alone. Adherence to treatment in psychosis is an important predictor of illness trajectory and outcome. Non-adherence to treatment is a major problem for providers across the UK and a 12-month academic study reported that 67% of patients with schizophrenia were frequently non-adherent. Non-adherence often leads to costly acute mental hospital admissions, removing patients from their support/recovery networks (mental health patients use twice as much acute hospital resource as the general population). Nationally, non-adherence results in an extra annual cost of approximately £2,500 per patient for inpatient services and more than £5,000 per patient for total service use.

This project – Maintaining Adherence Program (MAP) – is a new model of care for those affected by schizophrenia, schizoaffective and bipolar disorder. The primary aim is to encourage adherence to treatment and prevent relapse to allow patients to take care of themselves away from a clinical setting. MAP is based on work in Germany by Dr Werner Kissling and includes: dedicated adherence team; regular non-adherence screening; structured and in-depth psycho-education; well-being activities; shared decision making; telephone/text reminder services; and direct consultant access instead of outpatient clinics.
Reducing Stigma award

**Kim Parker – Sheffield**

**Health and Social Care NHS Foundation Trust** Kim has worked in mental health services in Sheffield for over 30 years, and is the Senior Nurse for Quality at the Trust. Early in Kim’s career she encountered a female service user who staff found it difficult to support due to both language and cultural barriers; she dates her interest in and passion for working to address stigma and discrimination from this early encounter. Kim has been heavily involved in Black and Ethnic Minorities work as well as with HIV/AIDS work, as well as developing mental health links in Uganda. She tackles the stigma of mental health within the context of other stigmatising issues such as skin colour, physical illness and sexual orientation.

**Matthew – Cambridge** Matthew is a passionate, giving individual who experiences mental health illness himself. It isn’t easy for him but he never gives up, despite having Asperger’s syndrome, depression, anxiety and OCD. He built a website called beatdepressiontogether.webeden.co.uk after failing at secondary school and not getting the understanding or support he needed. He was told he would fail in life so decided to take a stand and prove his school and everyone else who said it wrong. He works as a volunteer, has won a community inspiration award and blogs for the Huffington Post.

**Thomas Ankin – Goldsmiths University, London** Thomas is the part-time Disability Officer at Goldsmiths University. He represents disabled students and has put the Disability Campaign at the forefront of many of the social causes organised at the university. He always goes above and beyond to ensure the demands of disabled students are taken seriously by management. He has given us a platform to share our experiences and demands that students are not ignored in order to tackle stigma and discrimination.
Chairs of the judging panels – biographies

Simon Barber

After graduating from Durham University, Simon qualified as a Chartered Accountant with Price Waterhouse in Manchester. He has extensive commercial experience obtained from working as Finance Director and Commercial Director in a number of industries.

Simon came to the NHS in 2006 to use his skills within the public sector. He has worked at The Christie in Manchester, at Salford Primary Care Trust and he led the successful turnaround project at Western Cheshire Primary Care Trust as Turnaround Director.

Simon was appointed as Chief Executive at 5 Boroughs Partnership NHS Trust in December 2007 and successfully led the Trust to achieve Foundation Trust status from March 2010. Simon is Chair of the North West Mental Health Chief Executives’ Group. Simon is a qualified Coach and Coach Supervisor and leads his organisation with a coaching style and philosophy. Simon recently became a ‘Care Maker’ under NHS England 6Cs programme.

Andy Bell

Andy Bell is Deputy Chief Executive at the Centre for Mental Health, an independent charity seeking a fairer chance in life for people facing or living with mental ill health through research and development.

Andy is also a trustee of Young Minds, the charity committed to improving the emotional well-being and mental health of children and young people.
Stuart Bell CBE

Stuart Bell CBE joined the Picker Institute (Europe) as a Trustee in September 2009 and became Chairman, following the retirement of Sir Donald Irvine, in 2013. He is also the Chief Executive of Oxford Health NHS Foundation Trust, and prior to that was Chief Executive of South London and Maudsley NHS Foundation Trust from its establishment in 1999. After reading Modern History at the University of Oxford, Stuart joined the NHS in 1982. He is an Honorary Fellow of King’s College London and an Honorary Fellow of the Royal College of Psychiatrists. In 2008 he was awarded the CBE for services to healthcare.

David Bradley

David Bradley joined South West London and St George’s Mental Health NHS Trust as a Chief Executive on 30 July 2012. David has played a key role in the success of the organisation, most notably the recent positive CIEH inspection who found services to be ‘safe’, ‘compassionate’ and ‘well-led’.

David has held management roles in the NHS since 1989 and Board-level posts for more than a decade. Most of his career has been in mental health, but he has also been responsible for a variety of primary care services in the community. David worked at Oxford Health NHS Foundation Trust where, as Chief Operating Officer, he built a reputation for using innovation to drive quality and patient experience, and has strengthened relationships with social care and third sector providers. David is also the Senior Responsible Officer for Dementia across the South London Health Innovation Network.

Alison Foster

After qualifying as a mental health nurse, Alison went on to lead a number of mental health improvement projects from a local to national level. Alison then decided to get wider experience in a different part of the healthcare system, in commissioning, and more recently has been part of the leadership team which has set up a large Commissioning Support Unit (CSU).
Alison is a strong advocate for mental health in the CSU, helping to make Central Southern the first CSU to join our collaborative and ensuring mental health is a priority in commissioning. She has a Masters in Managing Innovation and Change and so will ensure that she brings this to the work involved in identifying and sharing positive practice in mental health.

**Joe Rafferty**

Before coming to Mersey Care NHS Trust to be Chief Executive, Joe held the post of Director of Commissioning Support at the NHS Commissioning Board, having national responsibility for the design and delivery of a significant component of the commissioning reforms outlined in the White Paper: Liberating the NHS.

Before this, he was seconded from his Chief Executive role at NHS Central Lancashire, to become the Director of Commissioning Development for NHS North West, with a remit to lead the development of commissioning reforms across the North West of England. From 2007 to 2010 he was Chief Executive of NHS Central Lancashire, and was Regional Director of Commissioning and Strategy for NHS North West from 2006–2008. Other Board-level roles have included Director of Performance in Cumbria and Lancashire SHA and Director of System Reform at Bolton Hospital NHS Trust. Before joining the NHS, Joe had a successful career in cancer research.

**Dean Royles**

Dean Royles was appointed as Chief Executive for NHS Employers in December 2010. Previous roles include Director of Workforce and Education at NHS North West; Director of HR and Communications at United Lincolnshire Hospitals NHS Trust and Deputy Director of Workforce for the NHS at the Department of Health, where he was responsible for developing a national HR strategy for the NHS.

Dean was the first HR director at East Midlands Ambulance Service following its creation in 1999. He has also worked at an acute hospital and in a community and mental health trust having started his HR career in industrial relations in a local authority.
He is a regular conference speaker, published in a number of journals, on the editorial board of HRMJ and provides expert opinion in the national media. He was voted HR’s Most Influential Practitioner in 2012 and 2013. Dean is married with four children and lives in Sheffield.

**Tony Russell**

Tony is a Co-Director of Breakthrough MH, a service user led company. Tony’s other achievements include past membership of the External Reference Group which formulated the National Service Framework for Mental Health (chaired by Professor Graham Thornicroft). He was also a member of the Workforce Action Team and the Mental Health Caregroup Workforce Team, leading on to the development of his innovative idea for the Support, Time Recovery Worker (STR) – now part of government policy. Tony was appointed to the Mental Health Taskforce (chaired by Professor Louis Appleby) and was part of the core implementation team which developed the National Institute for Mental Health in England (NIMHE). He was also a member of the Mental Health Primary Care Board (chaired by Professor Andre Tylee), and was the Chair and Founder of the National Positive Practice Awards, which he managed to bring back in 2013, after a four year absence. He has been a Senior Advisor on the issue of football and mental health, and is an accomplished public speaker and facilitator. Tony has a passion for the identification and dissemination of positive practice, and has worked to establish the website: www.positivepracticemh.com.

Further to the first year of the Awards revival he has formed the Positive Practice MH Collaborative, with one of their main projects being ‘A Patient Journey’ – a comprehensive guide to all that is positive in mental health services. He is the Chair and a Trustee of Reflections Art in Health Charity. As a service user who uses photography as a coping strategy, he understands the tremendous value that the creative arts have in enhancing the healing environment and aiding recovery. He is also a published author, and is at present working on his second book, whilst revising his first ‘Commons People’ which will be published in the run up to the General Election.
Angie Russell

Angie Russell has worked in partnership with Tony, her husband, for many years since his ground-breaking work with football back in the 1980s, where she dealt with many aspects of the project management for his events, and has since served on many Department of Health working groups. Angie was the project manager for the annual Positive Practice Awards, and an integral part of the drive for mental health to work in closer partnership with the football world. She also speaks publicly on the carers’ perspective.

She has much experience of working across mental health through her previous work with the Inner Cities Mental Health Group and National Mental Health Partnership. Angie works with Tony on implementing the user service assessments, the identification and dissemination of positive practice, and the drive to take art in mental health forward through Reflections and the associated exhibitions and events.

In 2013 and 2014, she has project managed the revival of the Positive Practice in Mental Health Awards, and is part of the Secretariat for the Positive Practice MH Collaborative.

Hári Sewell

Hári Sewell is founder and Director of HS Consultancy and is a former Executive Director of Health and Social Care in the NHS. He is a writer and speaker in his specialist area of ethnicity, race and culture in mental health and was national project lead for equalities in the Department of Health’s National Mental Health Development Unit Equalities Programme. Hári is Honorary Senior Visiting Fellow at both University of Central Lancashire and Buckinghamshire New University. He has worked as an expert panellist with the Department of Health and the Royal College of Psychiatrists. Hári is on the editorial advisory boards of the journals Ethnicity and Inequalities in Health and Social Care and Journal of Integrated Care. He was the founder and chair of the National Social Care Strategic Network (Mental Health) until November 2010. Hári was part of the Marmot Review of Health Inequalities post-2010. His book ‘Working with Ethnicity Race and Culture in Mental Health:

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**Professor Heather Tierney-Moore OBE**

Professor Heather Tierney-Moore OBE took up post as CEO of Lancashire Care NHS Foundation Trust in January 2009 with a background in nursing and a distinguished track record of achievement in the NHS at board and national level in England and Scotland. Lancashire Care is a large health and well-being organisation providing a diverse range of services in over 750 locations across the country with a focus on high quality integrated holistic care.

Heather has a long-standing interest in values-based leadership, culture and its impact on person-centred compassionate care and system design. She has an MSc in Managing Change, is a visiting professor at Edinburgh Napier University and has recently been appointed as a Trustee of the NHS Confederation Board.

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**Steve Trenchard**

Steve has been a mental health nurse for 23 years and has long been connected to a recovery and values orientated approach to mental health care and leadership practice. Steve is Chief Executive of Derbyshire Healthcare NHS Foundation Trust and a visiting professor at Buckinghamshire New University. He has experience as an Executive Director of Nursing and Patient Experience in a large London mental health trust, as well as working in the not-for-profit organisation, The Retreat, in York. Steve was, until recently, Chair of ISPS UK (International Society for the Psychological and Social Approaches to Psychosis) which is a small charity dedicated to talking therapies and humane approaches to the recovery of people experiencing psychosis.
Professor Andre Tylee MBBS MD FRCGP FRCPsych

Andre trained at Guy’s Hospital and was a GP in South London for 21 years before taking up a Chair in Primary Care Mental Health at the Institute of Psychiatry in 2001. He is Academic Director of the Mood, Anxiety and Personality Clinical Academic Group research (MAP CAG), King’s Health Partners Academic Health Sciences Centre; Professor of Primary Care in the Centre for Global Mental Health and Primary Care Research; and Co-Director of the Centre for Affective Disorders at the Institute of Psychiatry. His research interests are to improve the primary and secondary care of people with depression and he is PI of UPBEAT, a 5-year NIHR-funded programme of research on coronary heart disease and depression. As National Advisor on Long-Term Conditions to the Improving Access to Psychological Therapies Programme (IAPT) at the Department of Health, he helped set up 14 Pathfinder sites.

His clinical work focuses on people with long-term conditions and depression at the South London and Maudsley Foundation Trust. He helped run the Defeat Depression Campaign, National and International Trailblazers and PriMHE Charity, where he now is a Patron. He has published over 100 research papers and numerous articles about depression in primary care.

Claire Walsh

Claire is a communications professional who has worked in mental health charities for the past four years. She is currently the Communications Officer for Time to Change.
Natalie Warman

Natalie Warman is the Deputy Director of Programme Delivery at King’s Health Partners, a collaboration between Guy’s and St Thomas’, Kings College Hospital, South London and Maudsley NHS Foundation Trust, and King’s College London. Her work focuses on integrated work programmes that bring together all of the partners: Mind and Body, Population Health and Value Based Healthcare. Previously, Natalie worked as the Assistant Director of Nursing for South London and Maudsley NHS Foundation Trust with a key role to improve service user experience of physical and public healthcare. She was successful in improving the safety of service users who were potentially physically deteriorating. She has also worked for the London Network for Nurses and Midwives, which promoted the leadership of nurses throughout the capital. Previously, as both a qualified District Nurse and Health Visitor, she provided healthcare services to homeless people throughout the boroughs of Lambeth, Southwark and Lewisham.

Judges – biographies

Christine Ah-Thion

Christine is currently working as Ward Manager of Ruby Ward, Whiteleaf Centre at Oxford Health NHS Foundation Trust. She has worked in Mental Health since 1994, initially as an administrator for a Community Mental Health Team. She was then given the opportunity to train as a Mental Health Nurse, being seconded from Oxford Health. Christine began her nursing career as a staff nurse, Deputy Ward Manager and now as Ward Manager. She is passionate about providing and delivering excellent care for inpatients, their families and developing and motivating the nursing staff team.

Claire Andre

Claire is a Registered Mental Health Nurse with 12 years’ experience. Throughout this time she has worked in Northumberland, Tyne and Wear NHS Foundation Trust, mainly within forensic mental health nursing. She worked as a staff nurse, Clinical Team Leader & Ward Manager. She has developed an interest in working within the criminal justice system and with police, and working with offenders both during their acute phase and rehabilitation. She also became interested in teaching.

She is now Ward Manager of the Psychiatric Intensive Care Unit (PICU),
and has taken an active lead in developing the Place of Safety (POS) suite, working collaboratively with police and the Local Authority. Claire has educated her team about working with police, and she has gained much experience working with officers in the clinical environment with positive outcomes. She has also co-written the organisation’s policy on CS & Taser Aftercare, following time in the firearms department at Northumbria Police to gain better understanding of police roles and the use of Taser/CS spray.

Nicola Armstrong

Nicola has worked in the field of service user and carer engagement for over 20 years. She joined Northumberland, Tyne and Wear NHS Foundation Trust in 2001 after having worked as a Community Development Worker for North Tyneside Council for many years. She is currently on a 2-year secondment with the Principal Community Design Team.

She is passionate about the issues that are important to her, namely the rights of service users and carers to have a voice in both NHS services and in research. It is this passion that drives her commitment to the work she is involved with and her desire to see change in organisational and personal practice. Nicola has had vast experience of working with a range of different disciplines, departments and service areas within the organisation in order to imbed the service user and carer perspective; she been given an honorary contract by Northumbria University for commitment in this work.

Professor Louis Appleby CBE

Professor Appleby is on the Board of the Care Quality Commission and is a Professor of Psychiatry at the University of Manchester. He is an advisor to the Government on the National Suicide Prevention Strategy and is also an honorary consultant psychiatrist at the Manchester Mental Health Partnership.

Christine Bain

Chris is Chief Executive at Rotherham Doncaster and South Humber NHS Foundation Trust. She joined the NHS in 1980 and has 33 years’ experience in the service, working across many different sectors across South and West Yorkshire.

In 1989 Chris spent 2 years working for Marks & Spencer PLC before returning to a senior planning role in Bradford Health Authority. In 1996 she joined Wakefield Health Authority and was appointed Director of Performance in 2000. In 2003 she spent 12 months on secondment, pursuing her interest in Leadership Development, working with Professor Beverly Alimo-Metcalfe at the University of Leeds.

In 2004 Chris was appointed to her first Chief Executive role at Doncaster East PCT then, following the merger
of the three Doncaster PCTs in 2006, she became Deputy Chief Executive. In March 2009 she moved to become Chief Executive with Rotherham Doncaster and South Humber NHS FT.

**Sara Bains**

Sara has extensive experience of working within mental health care and has fulfilled key roles within occupational therapy. She is committed to person-centred, recovery and well-being approaches to ensure that the patient is at the centre of their care delivery.

Sara currently holds the Divisional Lead Occupational Therapist role at Derbyshire Health NHS Foundation Trust. As part of this role she has led key developments, on behalf of the Trust and Allied Health Professionals, through initiatives in changing attitudes and beliefs with regards to enabling people with mental health problems to have hope for independence, self-management and well-being.

**Martin Barkley**

Martin joined the NHS 42 years ago and has managed Mental Health Services and Learning Disability Services since 1986. During that time he has led the extensive modernisation and improvement of services as well as significant organisational development in the three Trusts which he has served as Chief Executive for since 1994 (East Surrey, Nottingham and Hampshire) prior to joining Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) in 2008.

**Supt Paul Bartolomeo**

Paul Bartolomeo is an operational police superintendent serving with Hampshire Constabulary where he currently is Head of the Contact Management Department. This department oversees all first points of contact with the public and includes the police control room. Previous appointments include District Commander for Eastleigh borough and Staff Officer to the Chief Constable.

For the last 5 years Paul has led on mental health matters for the police in Hampshire and the Isle of Wight. He maintains close working relationships with local authorities, clinical commissioning groups and providers in both adult and child/adolescent mental health services. Paul has worked effectively with these partners to reduce the use of s.136 and police stations as places of safety over this time. An effective partnership framework has also been developed that allows for refreshed multi-agency training of police officers and staff that has led to better outcomes for people suffering a mental health crisis event. Paul has also overseen mental health professionals working in the police control room to provide an enhanced service to the public.
Paul is currently studying for a Master’s degree at the University of Cambridge where he is trialling the use of GPS technology to reduce reoffending by people recently released from prison. Paul is married (to a mental health commissioner!) and has two children.

**Luciana Berger MP, Shadow Minister for Public Health**

Luciana Berger is the Labour and Co-operative Member of Parliament for Liverpool Wavertree. She was appointed Shadow Minister for Public Health by Ed Miliband in October 2013, having previously served for 3 years as the Shadow Minister for Energy and Climate Change.

Before entering Parliament, Luciana worked for the management consultancy firm Accenture, in their Health Unit, advising on a range of projects. She then joined Accenture’s Government Strategy Unit supporting UK Government departments, including the Prime Minister’s Delivery Unit and the Treasury. After this, Luciana was appointed Government and Parliamentary Manager for the National Health Service Confederation.

From 2007 to her election in 2010, Luciana was a Director for a not-for-profit campaigning and education organisation working toward peace in the Middle East. Luciana is a graduate of the University of Birmingham (Commerce and Spanish) and achieved a Masters at Birkbeck College in Government, Politics and Policy.

**Lesley Berry – Ward Manager**

Lesley works for the 5 Boroughs Partnership NHS Trust and is a Ward Manager on a 25-bed male acute mental health ward at Leigh Infirmary, Lancashire. Since qualifying in 1999, she has worked on acute wards, on a Psychiatric Intensive Care Unit and on a ward working with the elderly who suffer with organic illness. She believes in ensuring that she and her team put the service user at the centre of their care and that they lead their journey with support from professionals. She has been the Ward Manager on the male acute ward since 2011 and was very proud that she and her team were nominated and subsequently won the Positive Practice Award in December last year; this was particularly important as the award was in the Patient Experience category. Recovery is at the forefront of the way they work on Lakeside and key is the “doing with, not to” ethos which they have firmly embedded in their ward culture and way of working.

She feels that being a judge for this year’s awards was an honour and gave her an insight into exciting new work that is happening in the field of nursing that is her passion – Mental Health.
Dr Helen Bevan OBE

Dr Helen Bevan has been a leader of large scale change in the English National Health Service (NHS) for more than 20 years. She led the ground-breaking “Business Process Reengineering” transformation programme at The Leicester Royal Infirmary in the 1990s. As a result, she was asked to become a national leader of initiatives to improve patient access to NHS care, for which she was awarded an OBE in 2000. Helen has been at the forefront of NHS improvement initiatives that have made a difference for thousands of patients ever since. Helen initiated NHS Change Day, in partnership with a group of young clinical and managerial leaders. NHS Change Day, 13th March 2013, was the largest ever voluntary collective action for improvement in the history of the NHS, with 189,000 people pledging to take action to improve experience and outcomes for patients.

Helen Bevan is acknowledged globally for her expertise in large scale change and ability to translate it into practical action and deliver outcomes. She provides advice, guidance and training on transformational change to leaders of publicly funded healthcare systems across the world. She has one of the highest social media influence ratings of any jobbing NHS leader and is in active communication with thousands of frontline clinical staff and leaders through Twitter and other social media platforms. She is a source of energy and inspiration for change and helps to “think the unthinkable”.

Mark Bradshaw

Mark has been a Network Manager for Newcastle-under-Lyme Borough Council for the past 7 years, and has been working in local councils for 30 years. His interest in the awards is a personal one, having been the sole carer of his mother who had dementia, and he is honoured for his judgement to be valued in this process.

Inspector Michael Brown

Michael is a serving police inspector who developed a severe and enduring interest in police responses to mental health related incidents as soon as he realised that he didn’t know what he was doing.

His MentalHealthCop blog charts this journey and won Michael the ‘Mind Digital Media Award’ in 2012 and has since led to him being invited to contribute to international policing and mental health conferences. He tweets prolifically as @MentalHealthCop, the most-followed individual account in the UK police service, and frequently lectures on mental health and law at UK universities to students on paramedic, mental health nursing and forensic mental health courses. In 2013, he was twice cited in the UK Parliamentary
debate on policing and mental health and gave expert evidence to the Independent Commission on Policing and Mental Health in London.

Robert Buckland MP
Robert Buckland MP is Member of Parliament for South Swindon and a Recorder of the Crown Court, sitting on the Midland Circuit. He is a member of the Joint Committee on Human Rights, the Commons Committees on Standards and Privileges, and the Justice Select Committee. Robert is also the Joint Secretary of the 1922 Committee. Finally, he is the Chair of the All-Party Parliamentary Group (APPG) on Autism and the Vice-Chair of the APPG on Speech and Language Difficulties.

Chris Butler
Chris Butler is the Chief Executive of the Leeds and York Partnership NHS Foundation Trust. Before joining the Trust he was the Chief Executive of the Kingston Primary Care Trust, prior to which he was the Chief Nurse and Deputy Chief Executive of the South West London and St George’s Mental Health NHS Trust, and Assistant Chief Nursing Officer at the Department of Health.

John Byrne
After 20 years in marketing and corporate training, John retrained and qualified in Adult Social Care Management in 1996. From that time on he has been working firstly in high support mental health recovery houses and, for the past 8 years, leading small teams in community settings. In delivering advice, information and guidance services, John was concerned about the lack of choice and control in the recovery pathway for many people and he has been driving forward the personalisation agenda through the Brent Mind Nucleus project. John was highly commended in the Lifetime Achievement category of last year’s Positive Practice award.

Tom Cahill
Tom is Chief Executive of Hertfordshire Partnership University NHS Foundation Trust which provides mental health and learning disability services. Tom is a qualified mental health nurse and feels this experience enhances his ability to carry out his current role. He believes that the NHS needs to provide targeted and effective services that allow people to live their lives to the fullest. He sees this as essential to achieving recovery-based outcomes that take into account individual needs where service users and carers feel safe to be themselves.

Tom is committed to improving services for service users and their carers and has embarked on a major transformation programme within his NHS Foundation Trust, which is designed to provide better experiences, improved access and the highest
quality of services for service users and their families. Tom is a member of the Equality and Diversity Council.

**Alisdair Cameron**

Alisdair Cameron has variously been an academic historian, a lawyer and a user of mental health services, in between stretches of generalised community activism. His day job is as team leader at Launchpad, the mental health service user involvement project for Newcastle upon Tyne, and he is also co-chair of the Northumberland, Tyne and Wear Service User & Carer Network. He has been a leading light in the establishment of a North East region-wide MH user and carer body, NET. He is also Chair of NAGAS (Newcastle and Gateshead Arts Studio), Vice-Chair of MHNE, a Governor of the NTW NHS Foundation Trust, and a board member of NSUN, the National Survivor User Network for mental health. In spare moments he shuffles all of the letters from the aforementioned acronyms and sees what they can spell out.

**Dan Charlton**

Dan Charlton is a communications professional with 20 years’ experience, much of which has been spent working in mental health. He is currently Director of Communications at Sussex Partnership NHS Foundation Trust. Prior to this, he was Head of Communications and Media at South London and Maudsley NHS Foundation Trust. In this role he led the development of the BAFTA award-winning Channel 4 documentary series ‘Bedlam’, broadcast in Autumn 2013. He was also part of the communications team at King’s Health Partners, one of the UK’s first Academic Health Science Centres. You can follow him on Twitter at @Dan_Charlton1

**Professor Adrian Childs**

Adrian is the Chief Nurse/Deputy Chief Executive at Leicestershire Partnership NHS Trust, and has worked at a local, regional and national level in both nursing and mental health care. He commenced his nursing career as a nursing assistant in mental health services for older people before undertaking training in both mental health and adult nursing. He gained clinical experience in inpatient adult mental health care and ITU, high dependency renal and surgery. His senior management experience has been gained in both mental health services and community services. He has worked as an Executive Director in mental health and integrated trusts in the North East, North West, South West and Midlands and as an Associate Director for a strategic health authority. In March 2014, Adrian was made an honorary Professor at De Montfort University in the Faculty of Health and Life Sciences. He has particular interests in governance and assurance, risk management, patient involvement/experience and leadership.
**Helen Chittock**

Helen is married with two daughters, aged 6 and 4, and two dogs! She was diagnosed with OCD in 2007 when pregnant with her first child.

She has worked for the NHS at Addenbrooke’s Hospital for 6 years as a Financial Analyst. Having a keen interest in mental health and staff well-being, and after a period of long-term sickness, she set up a staff mental health support group ‘It’s not just you’ which staff can attend in work time to get support with mental health issues. The group was nominated for a Positive Practice in Mental Health award in 2013; this was in the Staff Well-being category, which they won! She also works with a group of colleagues to organise the annual mental health resilience week, which aims to reduce stigma associated with mental health issues and encourages people to look at lifestyle factors which may help, for example, taking up a new hobby, volunteering etc. She is currently undertaking a Psychology degree with a view to working in mental health research.

**Shaun Clee**

Shaun is an experienced NHS Chief Executive with a clinical background and track record of getting things done and successful partnership working.

Shaun has presented at numerous national and international conferences, is an active member of the International Initiative for Mental Health Leadership, an alumni of the Leadership Trust. He chairs the NHS South of England Improving Safety in Mental Health Clinical Faculty, has represented the National Mental Health Network on the Care Quality Commission’s Provider Advisory Group and is currently Chair of the NHS Confederations National Mental Health Network (MHN), a Trustee of the NHS Confederation, a Non-Executive Director of the NHS Confederation, the Health representative on the National Criminal Justice Council, and Chair of Kids Like Us, a Midlands-based charity for children, young people and their families who experience Juvenile Arthritis. In his role as Chair of the MHN he has grown the membership to include Social Housing providers and championed a joint statement between the MHN and the National Housing Federation on Mental Health and Housing.

**Alys Cole-King**

Alys Cole-King is a Consultant Liaison Psychiatrist (Betsi Cadwaladr University Health Board) and Co-Founder of the Connecting with People Programme. She works nationally with Royal Colleges, voluntary bodies, sporting organisations, academics, patient leaders, carers and sits on the All-Party Parliamentary Group for Suicide and Self-harm Prevention. She promotes compassion, patient safety and a public
health approach to suicide prevention, well-being and resilience. Alys has developed several clinical tools to aid assessments of people experiencing suicidal thoughts and following self-harm. They promote clinical governance by improving the quality and consistency of clinical assessments.

She is the Royal College of Psychiatrists’ (RCPsych) spokesperson on suicide and self-harm and also sits on their Patient Safety Working Group. Alys wrote the Professional Cricketers Association online module on suicide and self-harm and has contributed to both the RCGP mental health and RCPsych curricula. She sits on the Editorial Board of the Journal of Compassionate Health Care. Alys is leading the NHS Change Day ‘U Can Cope’ campaign and sits on the NHS Change Day National Advisory Group. Alys led the 2013 Connecting with People multimedia World Suicide Prevention Day (WSPD) campaign and was instigator and co-producer of the 2012 WSPD ‘U Can Cope’ film and campaign. She led the development of the RCPsych portfolio of compassionate self-help resources. She has experience of working with the media to promote positive public health messages via film, radio and newspapers.

**Nicky Cooper**

Nicky qualified as a Registered Mental Health Nurse (RMN) in 1990 and worked in the NHS in clinical, managerial and leadership roles until 2010. Her last NHS role was in a large mental health and learning disability trust as Head of Patient Safety. In 2010 Nicky left the NHS to work independently in the field of mental health. This included serving a term of office as a Mental Health Act Commissioner, which she continues today. Currently, Nicky is also employed within Priory Group as Director of Compliance.

**Dr Phil Cooper**

Phil trained as a Registered Mental Health Nurse and completed this in 1993. He has worked in a range of inpatient and community mental health and substance misuse environments. He currently works as a Nurse Consultant in Dual Diagnosis (mental health and substance misuse). He has devised numerous training courses in mental health and substance misuse, and has published work concerning his professional area of work and presented at many conferences.

He was one of the co-founders of the State of Mind project in rugby league. State of Mind was established in 2011 with the aim of improving the mental health, well-being and working life of our rugby players and communities (www.stateofmindrugby.com). His interest in substance misuse and mental health is a passion that has contributed to his on-going work to try to ensure
that thorough assessment of mental health and substance misuse can take place in one service setting.

**Philip Davies MP**

Before being elected, Philip graduated from the University of Huddersfield with an Upper Second honours degree in Historical and Political Studies. Philip worked for Asda for 12 years, working his way up from the bottom to be a Senior Marketing Manager. When not working, Philip enjoys all sports, in particular horse racing, where Philip is both an owner and a breeder.

Philip was elected to Parliament for Shipley in 2005 with a majority of 422 and was re-elected as the MP for Shipley in 2010 with a majority of 9,944. He was also elected onto the Executive Committee of the 1922 Committee of backbench Conservative MPs in 2006 and had been re-elected back onto it every year until 2012 when he decided to step down. He has served on the Culture, Media and Sports Select Committee since 2006. Philip is also on the panel of Chairs for Westminster Hall Debates and the Committee stage of Bills. Philip became the first MP to publicly call for Britain to withdraw from the European Union and is a member of The Freedom Association’s ‘Better Off Out’ campaign. He is also the Parliamentary Spokesman for the ‘Campaign Against Political Correctness’. In 2011, Philip won an award at the Spectator Parliamentary Awards as the readers’ ‘Representative of the Year’.

**Rachel Dewar**

Rachel has worked in Mental Health Services since 1987, in a variety of roles. She is a trained counsellor and Mental Health Nurse, and has worked in both Social Services and the NHS. She has held senior management positions in the NHS for the last 10 years. Rachel’s interest centres on patient engagement, involvement and experience, and partnership working. She is a trustee of Reflections Arts in Health Charity, and a mum. She has travelled the patient journey, receiving treatment for breast cancer, and is a carer for her husband Simon.

**Simon Dewar**

Simon is a trustee of Reflections Arts in Health charity, and has personal experience of the therapeutic benefits of art, having taken up painting in the last year, following sustaining serious head injuries in an accident at work in November 2012. Having always been interested in drawing and painting, Simon used his interest to support his rehabilitation. Prior to his accident, Simon has served in the Royal Corps of Transport, and worked as a computer-aided design draughtsman, and is a keen Mini Classic enthusiast.
Rachel Douglas-Clark

Rachel is the Commissioner for Mental Health, CAMHS and Dementia at NHS Bolton CCG. Her background is in mental health nursing – she also led national projects for NHS Northwest and worked nationally in service improvement and change with the NHS Institute for Innovation and Improvement for 5 years prior to joining NHS Bolton. Rachel has continued to work clinically to keep up her mental health nursing skills and knowledge, and remains passionate about improving outcomes for those with mental health problems and increasing patient involvement and meaningful engagement when commissioning services.

Michael Dugher MP

Michael Dugher was elected to serve as the Member of Parliament for the Barnsley East constituency at the 2010 General Election. He is the Shadow Minister for the Cabinet Office.

Before being elected as the MP for Barnsley East, Michael worked at 10 Downing Street as Chief Political Spokesman for the then Prime Minister, Gordon Brown. He previously worked as a Special Advisor in a variety of government roles. Michael also worked in industry as UK Director of Government Relations for EDS, then a large global technology services business (now Hewlett Packard). Before working in government, he was a research officer and later Head of Policy for the AEEU engineering union (now Unite the Union).

Since being elected, Michael has joined several All-Party Parliamentary Groups (APPGs) including Heart Disease and Brass Bands. He is currently Vice-Chair of Labour Friends of Israel; a member of the Executive Committee of the British-American Parliamentary Group; and is a ‘Parliamentary Champion’ for the Save the Children and Whiz Kidz charities.

His interests include history, music, films and sport. He is married to Joanna and they have two young daughters and a son.

Scott Durainj

Scott was born in the Wirral in 1971, to mixed race parents. He became a paramedic for Mersey Regional Ambulance Service in 1991. During his employment he experienced unfair prejudice from patients and colleagues. He became an Equality Officer for his branch of the UNISON trade union and went on to become the North West delegate to the Trade Union Congress.

In 1997 he became a non-executive director at Cheshire, Halton and Warrington Race Equality Council, at the time one of the youngest non-executive appointments nationally. In 2000, Scott left the ambulance service for a one-year Home Office funded post
with the Commission for Racial Equality (CRE) where he successfully increased the numbers of black and minority ethnic applicants to the police, fire and rescue, prison and crown prosecution services in the Cheshire area. He then took up his position in the newly created post of Hate Crime Officer at Salford City Council, working to raise awareness of hate crime. His innovative approach to combating hate crime increased reporting by 130%.

Scott became Head of Equality, Diversity and Human Rights at Mersey Care NHS Trust in 2003. Recognition for his achievements from the Department of Health led to a secondment to lead on equality and human rights in the Pacesetter programme where he was also national Gypsy and Traveller Health equality lead. He took the post of Assistant Director of Equality, Communications and Engagement at Redbridge Primary Care Trust. Scott then moved on to Sussex Partnership NHS Foundation Trust as Professional Head of Equality, Diversity and Human Rights.

In 2008, Scott received national recognition for the quality and robustness of new equality and human rights data. He supported and developed three staff networks, delivered external support to the RAF on black and minority ethnic recruitment and lesbian, gay, bisexual and trans mentoring. Scott commenced his role with NHS England as Head of Patient Experience – Mental Health and Learning Disability in August 2013.

**Julie Edwards**

Julie trained as an Occupational Therapist and has worked in a wide variety of mental health settings. Her current role involves leading and managing a range of allied health professionals. She has a strong passion for arts and their role in well-being, recovery and inclusion and has taken a key role in developing Sheffield Health and Social Care Trust’s arts in health strategy and Sheffield’s Arts and Well-being Network. Her personal art medium is textiles, especially patchwork and quilting, which she finds relaxing, a creative outlet and very different from her work in the NHS.

**Donna Eldridge**

Donna started her career as a health care worker in a centre for epilepsy in Cheshire in 1983. She then moved south to Brookwood Hospital in Surrey and qualified in 1987 as an Enrolled Nurse in Mental Health, working in Kent for a short time in social care before converting to a Registered Mental Health Nurse in 1990. She has gained immense clinical experience in a wide variety of mental health services, including adult mental health, older people, eating disorders
and mother and baby. In 1996 she began to specialise within the Older Adult Services in a variety of roles, such as Ward Manager, Practice Development Lead and Lead Nurse. She became the Assistant Director of Nursing in December 2004 and following a reorganisation became the Deputy Director of Nursing of Kent and Medway NHS and Social Care Partnership Trust in 2011 and enjoys the challenges that the post brings.

She is a Leadership Fellow with the NHS Leadership Academy.

**John Enser**

John Enser is Executive Director of Forensic and Prison Services at Oxleas NHS Foundation Trust. He is trained in both general and mental health nursing; however, most of his career has been spent in Forensic Psychiatry. He is well-travelled in this speciality, having worked in Yorkshire and two other London trusts. He joined Oxleas in 2000, initially as Service Manager, before being promoted to Service Director for the Forensic Services in 2003. In 2007 he was invited to additionally manage the mental health services in the Borough Bexley. John was also an Executive Officer for the Forensic Psychiatric Nursing Association.

**Paul Farmer**

Paul Farmer has been Chief Executive of Mind, the leading mental health charity working in England and Wales, since May 2006. He is Chair of the NHS England Mental Health Patient Safety Board. He is also an advisor to the Catholic Bishops on mental health and was on the Metropolitan Police commission on policing and mental health.

He is a trustee at the Mental Health Providers Forum, an umbrella body for voluntary organisations supporting people with mental distress. Paul is also trustee at Lloyds Banking Foundation and an elected member of the ACEVO board. In November 2012, Paul received an Honorary Doctorate of Science from the University of East London in recognition for achievements in promoting the understanding and support of mental health. Nominated by sector experts and voted by chief executives, Paul was selected most admired charity chief executive in the Third Sector Most Admired Charities Awards 2013.

**Martin Farran – Executive Director of Adults & Communities**

Martin has over 30 years’ experience of working in social care in both the voluntary and statutory sector, mainly within a Local Authority. He is currently Executive Director of Adults & Community Services in Barnsley.

His vision is to have future Adult Health & Social Care and Community
Services that improve people’s quality of life, health and well-being based on personalisation/self-directed support, engaging communities as a key asset in determining priorities and as part of the solution.

**Darren Fernandes**

Darren is currently the Involvement and Co-production Lead at South West London and St Georges Mental Health Trust. He has experience of working within Governance, Performance Management, Operational Management as well as Community Development. He previously worked in the private sector as an Area Manager for a large FMCG company as well as a Marketing Manager for a cosmetics company.

Darren has a particular passion of working in innovative ways to improve service delivery within the NHS as well as supporting and motivating staff to deliver to the highest calibre in their roles and enabling them ‘to be the best that they can be’.

**Suman Fernando**

Suman Fernando is Honorary Professor in the Faculty of Applied Social Sciences and Humanities at London Metropolitan University, London. Formerly, he was Senior Lecturer in Mental Health at the European Centre for Migration & Social Care at the University of Kent at Canterbury and, before that, consultant psychiatrist in Enfield for over 20 years. Also, he was a member of the Mental Health Act Commission between 1988 and 1993, chairing its Standing Committee on Race and Culture. He has been involved in developing third sector services and, more recently, was consultant to a 4-year research and capacity building programme in Sri Lanka. He has written and lectured extensively on issues of race and culture in psychiatry and on mental health development in low and middle income countries. His books include *Mental Health, Race and Culture* (third edition, 2010); *Cultural Diversity, Mental Health and Psychiatry; The Struggle against Racism* (2003); and *Mental Health Worldwide; Culture: Globalization and Development* (2014). Further details can be found at http://www.sumanfernando.com.

**Stephen Firn OBE**

Stephen joined the NHS in 1981 and trained as a mental health nurse. He has subsequently worked in clinical, teaching and research roles and as an advisor at the Department of Health.

Since 2002 he has been Chief Executive of Oxleas NHS Foundation Trust, which provides community health, mental health and learning disability services in South-East London and Kent. Stephen has also been awarded the OBE for services to healthcare, in particular mental health.
**Patsy Fung**

Patsy is the lead Occupational Therapist at The Bracton Centre, Oxleas NHS Foundation Trust, and has worked in mental health services in Australia and UK as an Occupational Therapist for over 20 years. She has experience of acute mental health, day services, vocational projects, eating disorders, working with war veterans, recovery teams and more recently forensic mental health. Her special interest is in social inclusion and health promotion, and she was recently lead on the Forensic Directorate becoming smoke-free and the new Wellbeing Strategy for 2014/15. Patsy is keen to develop partnership working with third sector organisations to develop work opportunities for service users to gain real employment in the community.

**Julie Gardener**

Julie has been a Time to Change Champion for 18 months now. She has her own mental health experience which has been with her since the age of 12. She works as an Emergency Care Nurse in the North-East and was diagnosed with PTSD, anxiety and depression following an attack at work by a patient. She remains passionate about tackling mental health stigma and discrimination.

**Vanessa Garrity**

Vanessa is a Registered Mental Health Nurse with over 20 years’ experience as a Nurse, Manager and Nurse Leader working across a variety of NHS Mental Health settings. Vanessa is currently the Manager of a community-based rehabilitation and recovery service, which works with people over the age of 50 who have longer term mental health needs. The unit is part of The Retreat in York. The Retreat is a not-for-profit provider of Specialist Mental Health Care that works with the NHS. The Retreat was founded in 1792 by William Tuke, a Yorkshire Quaker. It remains to this day a Quaker organisation, retaining its original Quaker principles and values.

Vanessa is passionate about leadership in relation to improving the quality and experience of mental health care for people. She has a strong interest in social media in relation to nursing and mental health. Vanessa is particularly curious about exploring the ways in which social media is disrupting traditional ways of thinking about mental health and mental health care, in relation to the opportunities that it creates for creating opportunities for open and honest conversations between health professionals, people who use mental health services, families and carers, and the wider public.

Vanessa has been involved in leading local developments around Digital Mental Health and is also one of the facilitators of @WeMHNurses. Vanessa
blogs at @vanessalgarrity@wordpress.com and can be found on Twitter at @VanessaLGarrity She is also one of the founders of @HcVoices, which is a network for people who are passionate about having a voice that helps shape the future of health and care.

**Johnnie Garside**

Johnnie’s career started out coaching 10 years ago, operating at grassroots level initially, helping to address community need, rising social unrest and to help inspire young people in one of the UK’s most deprived areas. This progressed onto international experience working for professional clubs in the United States. With this broad range of coaching experience, Johnnie began to diversify his coaching techniques, philosophy and interests, specialising in disability football, working across a full spectrum of ability levels and disability bandings, from work with Paralympic athletes to heading up a pioneering activity project in one of Europe’s largest children’s hospital. This naturally led Johnnie onto his current role, managing Everton in the Community’s multi-award winning mental health football programmes and facilitating one of the UK’s largest mental health football leagues.

Johnnie has coupled his applied expertise with significant theoretical and academic underpinning within the fields of sports science, exercise physiology, counselling, long-term player development and teaching having research published in a peer-reviewed journal. He is a fully qualified FA coach, fitness instructor, mental health tutor and ambassador for Mental Health Football UK. These roles have seen him present Everton in the Community’s pioneering mental health work and championing the therapeutic benefits of playing football and the importance of social contact at a number of national and European conferences. His role as coach educator for the English Premier League has seen him work extensively on their international coach education and community development programme ‘Premier Skills’, working in many of the world’s most deprived countries, including countries in Asia and Africa.

**Dr Linda Gask**

Linda has retired from clinical practice after working for more than 30 years as a psychiatrist in the UK National Health Service and, in recent years, with a third sector organisation providing primary care mental health services in Salford, Greater Manchester. She is also an academic, still affiliated to the Centre for Primary Care at the University of Manchester where she was Professor of Primary Care Psychiatry. Her research and teaching interests are the management of depression, anxiety and other mental health problems in primary care, and she has worked as an advisor
to the World Health Organization. Linda has also helped to found the STORM suicide prevention initiative.

She has had personal experience of both pharmacological and psychological treatments for depression and anxiety, and lives between Yorkshire and Orkney.

**John Glen MP**

After university, John worked for two Government Ministers in the last year of the Conservative administration (1996–97). He then joined the strategy practice of a large management consultancy firm. Following 3 years in consulting, John worked for an 8 month spell for William Hague MP’s team. After this secondment, he stood for Parliament himself, as one of the youngest candidates, in Plymouth Devonport at the 2001 General Election.

He gained an MBA at Cambridge University and worked in the oil and gas industries in the UK and in the US for the next few years. In early 2004, John returned to the Conservative Party to work as Deputy Director of the Conservative Research Department. He then became Director of the Department and set up the secretariat for the Policy Review that was established after David Cameron became Leader. John was a Magistrate (JP) at Horseferry Road, Westminster, from 2006 to 2012 and retains a strong interest in the law and justice. He has worked as a mentor to students at City University, and he has been a Trustee of a National Youth Charity and a Governor of an inner city comprehensive school.

John loves family life, and when not working enjoys spending time with his wife and stepchildren, walking around the beautiful Woodford Valley and being beaten by his neighbour at squash! John enjoys watching his stepson William play rugby and listening to his stepdaughter Emily play the piano. John is a committed Christian and his family are active members of their local Church in Salisbury.

**Jackie Gough**

Jackie is currently working as the Head of Community Mental Health Services, Oxford Health NHS Foundation Trust. She has worked in Mental Health since 1983, firstly as a staff nurse and then as a ward manager, day hospital manager and then, for 9 years, as a Community Mental Health Nurse. Jackie moved into project and change management and latterly as a senior manager within the Trust. Her interest lies in Community Mental Health Care and being able to deliver services that are safe, caring and excellent for service users, and their families, but also for staff and staff well-being.
Paul Grey

Paul Grey is a consultant for Grey Services and the Senior Pastor for the New Testament Church of God in Low Hill, Wolverhampton. He consults widely on mental health issues and is one of the most respected and sought after speakers/advisors within the sector. Paul was the chair of Mind’s Independent Inquiry into Acute and Crisis Mental Healthcare in England and Wales 2010–2011. He lectures at the Queen Mary University of London. Solution magazine 2011 listed him within the top 30 leading people working for change in the area of African-Caribbean Mental Health. Paul, with a team from Manchester University, has been jointly awarded the 2014 Mental Health Research Network (MHRN) prize for outstanding service user involvement. He has contributed chapters to a number of books and has had numerous articles published. Paul has also written his autobiography, called ‘Change Starts from Within’, and recently produced a single called ‘Trust in God’.

He is married to Monica and together they have three children.

Jane Harris

Jane has worked for Sheffield Health & Social Care NHS Foundation Trust (SHSC) in its various guises since she joined the NHS in 2000. Starting in Complaints, Jane worked with colleagues to improve the accessibility of the complaints process, ensuring that service user voices were heard and heeded and that lessons were learned. Latterly, Jane has worked in communications and is passionate about ensuring that the right message is communicated to the right people, at the right time and in the right format.

Jane is currently working on creating easy-to-read, accessible versions of SHSC’s main corporate publications (Annual Report, Quality Accounts, and Annual Plan).

Jodie-Ann Hart

Jodie is a Mental Health Nurse with 10 years’ experience of working within Forensic Medium secure services, which she did while self-funding an undergraduate degree in Psychology and Criminology, followed by a PgDip in Criminology and Criminal justice and then an MSc in Clinical Forensic Psychiatry. Last year Jodie left nursing to take up the offer of a Medical Research Council-funded PhD which will attempt to improve the violence risk assessment process when working with children and young people in the care of community forensic services, with a particular emphasis on taking a recovery orientated approach focusing upon protective factors. Jodie’s previous research has focused upon the negative portrayal of mentally disordered offenders in the media, and work in
this area is due to be published and presented in Toronto, Canada, later this year.

Jodie receives care and treatment for depression, cares for an aunt diagnosed with bipolar disorder detained in hospital, and a cousin who has had varied experiences of being diagnosed with a personality disorder situated in between care and criminal justice services. All of these experiences inform her passion for acknowledging positive practice within mental health services, and she is honoured to be involved in these awards.

Simon Large

Simon has worked in the NHS for over 30 years and throughout that time has been responsible for delivering, managing and leading the development of mental health services along with other community-based health and social care provision. Simon’s career has focused on services across Yorkshire and Greater Manchester and has included leading many strategic change programmes for long stay hospital closures and the establishment of new mental health organisations. His roots are firmly bedded in his experiences of working with users and carers during his nurse training and early years as a Clinical Nurse Specialist. Throughout his career, Simon has maintained a passion for high quality, innovation and excellence in user experiences. Simon has been Chief Executive at Bradford District Care Trust (BDCT) for the last 7 years.

John Lavelle

John has a nursing background, qualifying as a registered nurse for people with a learning disability in 1993, and has worked in a variety of roles both as a Clinical Practitioner and an Operational Manager within Hertfordshire Partnership University NHS Foundation Trusts Learning Disability services. Approximately 8 years ago, John’s role expanded to include managing acute adult mental health inpatient services alongside learning disability crisis and inpatient services. John’s portfolio now includes managing Crisis, Assessment and Treatment Teams and all acute inpatient and rehabilitation services for the Trust in Hertfordshire.

Anna Lewis

Anna has worked in integrated mental health and social care services throughout her NHS career across the south of England. Her passion for recovery-oriented care has guided her work and thinking for many years, and aligns very well with her other passion for leadership. She is inspired by working alongside people who share their lived experience to improve services, and works with determination to bring values-based care to her role.
as an Executive Director with Sussex Partnership NHS Foundation Trust.

**Kate Linhart**

Kate is the Consultant Social Worker for Hertfordshire Partnership NHS University Foundation Trust and has worked in integrated mental health and social care services throughout her Social Work career.

Her experience includes working with service users and carers in the context of substance misuse, adult mental health, crisis intervention and the Approved Mental Health Practitioner role. Kate has a lead role in the development of Social Work practice across Mental Health services in Hertfordshire and is passionate about improving lives and contributing to the best possible experience and outcomes for those who use the services.

**Rebecca Mace**

Rebecca is in the early stages of her professional career. She completed a degree in Neuropsychology and then trained to be a Registered Mental Health Nurse through the graduate entry programme. She joined Derbyshire Healthcare NHS Foundation Trust in 2012 as a Newly Qualified Nurse on a Dementia Assessment Ward. Rebecca is passionate about ensuring that older people receive the highest standard of care and that both patients and carers are encouraged to be involved in the care process from admission to discharge. She is a Carers champion and a Falls Prevention/Moving and Handling Key Trainer, sharing best practice and supporting colleagues.

She was nominated for the DHCF Innovation Award in 2013 for her part in developing a new Falls Observation Pathway, which is embedded in the Falls Prevention Policy and has been cascaded across the Trust. Rebecca recently commenced a Lead Nurse post on a Male Dementia Ward and her primary aim is to be a positive role model and to empower other staff to deliver high standards of care through the Trust values.

**Lisa Matthews**

Lisa has used mental health services for the past 16 years; she is passionate about service provision, recovery and research. Lisa is currently a volunteer researcher on a project called ‘Is there a recovery pathway in care coordination’. Along with this, she is also a fully qualified WRAP (Wellness Recovery Action Plan) educator, currently co-facilitating within NTW Foundation Trust, every two weeks as a volunteer.

During the past 16 years, Lisa has had both good and bad experiences of services; it has been an education in itself as she thought someone else could make her better. She soon learned that personal responsibility would play a big part in her recovery journey; because
of this she likes to share her journey to help promote the benefits of recovery to other people using services and those that work within mental health.

Lisa sees her journey as a blessing – this is because she would not have the expertise or experiences to share with others. Her wealth of knowledge far outweighs the negatives she has experienced over the years. Lisa is about to leave secondary services for the first time in 16 years; this is an exciting time for her as she believes her recovery journey is about to sprout legs and run away with itself in a good way.

**Jason McCartney MP**

Jason is the Conservative Member of Parliament for Colne Valley. He is a proud Yorkshireman, living in Honley. For 9 years he was an officer in the RAF serving in Las Vegas, Turkey, Gibraltar, Germany, Cyprus and Iraq. Jason is the Honorary President of the Royal Air Force Association in Huddersfield, a member of the Royal British Legion and a proud supporter of the RAF Benevolent Fund.

He is on the Transport Select Committee and was voted onto the influential 1922 Executive Committee. On leaving the RAF, he went to college to study broadcast journalism. After a year with BBC Radio in Leeds and Middlesbrough, he got his dream job with ITV Yorkshire in Leeds, where he became the weekend presenter for Calendar News & Sport. He supports local mental health charities and local initiatives which include a community garden project in Wooldale.

Jason believes that we all need to talk about mental health more.

Jason ran the London Marathon for the second year running in April and has now raised over £8,000 for his local Forget Me Not Children’s Hospice.

He is a keen Huddersfield Town fan and, as a season ticket holder, tries to get to as many games as he can at the John Smith’s Stadium. He cheered on Huddersfield Town at Wembley in 1994, 1995, and 2012, and one of his proudest moments was reporting pitch-side for Calendar at Cardiff in the 2004 play-off final win over Mansfield.

**Dr Andrew McCulloch**

Andrew has been CEO of the Picker Institute Europe, incorporating Picker Institut Deutschland, since 2013. The Picker Institute is one of the world’s leading agencies seeking to measure patient experience and drive quality improvement in health and social care systems.

Previously, Andrew was CEO of the Mental Health Foundation, Director of Policy at the Sainsbury Centre for Mental Health, and an Assistant Secretary at the Department of Health. He has a PhD in Psychology from Southampton University. He has
been the Trustee, Chair or Patron of a range of healthcare charities and a non-Executive Director in the NHS and education sectors. He has served on a number of Government advisory committees.

Andrew’s areas of expertise include patient/service user empowerment, comparative healthcare policy, public health, mental health, learning disabilities and later life. He has been awarded the President’s Medal by the Royal College of Psychiatrists in recognition of his contribution to the mental health field.

**Tracy McGonagle**

Tracy qualified as a RMN in 1987 and worked in inpatient and community settings in Derbyshire for 9 years until she qualified as a CBT therapist and clinical supervisor. She moved into commissioning 9 years ago and led on the supervision and clinical management of the new mental health graduate workers. This progressed on to her leading on the procurement and implementation of the Improving Access to Psychological Therapies service across Derby City and Derbyshire County. Whilst actively involved in IAPT, Tracy is also Head of Mental Health Commissioning for Derbyshire CCGs and is the joint lead for developing the Vision and Strategy for Mental Health across Derbyshire.

**Angela McNab**

Angela was appointed on 1 April 2012, as Chief Executive of Kent and Medway Social Care Partnership Trust. Angela joined from NHS Luton and NHS Bedfordshire where she was Chief Executive and has an excellent career history which includes roles as Chief Executive of Human Fertilisation & Embryology Authority, Director of Public Health – Delivery and Performance at the Department of Health and Director of Healthcare for the Ministry of Defence. Angela began her career as a speech and language therapist and is keen to lead the Trust as it continues to improve patient experience, develop and engage with staff and make the move to become a Foundation Trust.

**Dr Edana Minghella (Dr Prof, BSc (Hons), PGCE(A), RMN)**

Edana trained as a mental health nurse at the Maudsley, started a service for people attending A&E following self-harm, and later became a nurse teacher, specialising in interpersonal skills and reflective practice. She then moved to the Sainsbury Centre for Mental Health, working on ground-breaking evaluations of crisis resolution and assertive outreach teams, the findings of which contributed to the National Service Framework for Mental Health. Her next post was Associate Director/National Lead for Mental Health at the Audit Commission.
From there, she was seconded to the newly established Healthcare Commission, developing methodologies to measure care standards across all NHS bodies.

Edana is now an independent consultant, with a passion for improving services alongside those who use them. She specialises in developing person-centred approaches to service development and strategy, and is particularly interested in pathways of care for mental health, cancer and dementia. She has presented at national and international conferences and published extensively, most recently winning an Emerald literati award for her co-authored paper: Minghella E & Schneider K (2012) Rethinking a Framework for Dementia 2: A New Model of Care. Working with Older People. Vol 16, 4, 80–89. She has a doctorate in mental health services research and she is a professional jazz singer (see www.edanaminghellajazz.com).

**Nicky Morgan MP**

Nicky Morgan is the MP for Loughborough. Elected in 2010, Nicky has been a consistent campaigner on mental health issues in her constituency and in Parliament, even after becoming a Minister in the Government. Nicky led the ground-breaking mental health debate in the House of Commons in June 2012. She is now the Secretary of State for Education.

**James Morris MP**

James is the Conservative Member of Parliament for Halesowen and Rowley Regis and Chairman of the All Party Parliamentary Group for Mental Health. He was a member of the Communities and Local Government Select Committee from May 2010 until March 2014, when he became Parliamentary Private Secretary to Employment Minister, Esther McVey.

He was previously a successful small-businessman, specialising in computer software. In 2003 he founded Mind the Gap, an independent campaign to promote civic action and to encourage more grassroots involvement in politics. Prior to entering Parliament in May 2010, James was the Chief Executive of the think tank Localis.

James is married to Anna and they have two young children – Solomon and Evie. In his limited spare time he enjoys watching and playing cricket, theatre and music.

**Sue Nolan**

Sue has worked in a variety of roles in the NHS for 30+ years having joined at the age of 18. Within this time she has held posts at both Central Middlesex Hospital and Edgware Hospital. The last 15 years she has worked for Hertfordshire Partnership University NHS Foundation Trust managing a large contingent of the administration staff.
Sue is also an ambassador to change within the Trust and has been part of the implementation group involved in the development of the Trust’s new inpatient facility, Kingfisher Court, and is actively involved in the re-design of community hubs, seeking to provide the best possible experience for both staff and service users.

Karen Oogarah

First and foremost, Karen is a nurse with a total of 37 years working in the NHS, 14 years spent working in the community as a District Nurse, aligned to several GP practices. Latterly, she has worked in the specialist field of NHS Continuing Healthcare and she is passionate about improving the commissioning of the right care package to meet the needs of the individual, as identified by them and their family.

Steph Palmerone

Steph has worked in health and social care for over 25 years. She began her career as an Occupational Therapist, working in community mental health services. Steph has worked as a commissioner and a provider of care and support services in a wide range of settings. Steph has worked at local, regional and national level in the NHS, for Local Authorities, in the Voluntary Sector and, more recently, for Barchester Healthcare. She has helped establish new services and approaches, including, recently, the first national chair for dementia research. Steph now works on a freelance basis, supporting people to develop community-based options across agencies. Steph has a lot of experience of working with people who have much more expertise and knowledge than she does, including people who use support and care services. Steph was a trustee of SCIE (Social Care Institute for Excellence), trustee of a small charity called Growing Points and actively involved with Reflections.

Dan Parton

Dan has been editor of the Mental Health Today and Learning Disability Today magazines since October 2010, as well as developing and overseeing their respective websites. He has been writing and blogging about social care for more than 7 years in various capacities. Prior to that, he worked as a business journalist for 6 years. Outside of work, he is a keen football and music fan. He is married with one son.

Dr Paul Queenan

Paul qualified from the University Of Leeds in 1986 and became a full time GP principal in 1992. He has worked in the same inner-city practice in Hull since that time. He offers occupational health advice to a local factory and also works as a GP in a local prison
where he experiences a wide range of mental health problems and the impact on those individuals in their day-to-day lives. His practice has historically had a high prevalence of severe and enduring mental health patients due to the close work that the practice has done with the local mental health teams over the years, and he is fully aware of the difficulties that exist for his patients in accessing quality care.

**Dr Sandeep Ranote**

Dr Sandeep Ranote is a Consultant in Child and Adolescent Psychiatry and Associate Medical Director for 5 Boroughs Partnership NHS Foundation Trust. She leads the Adolescent Eating Disorder service and is a member of the Royal College ED Executive Committee. She led on a mental health and arts initiative with Manchester Art Gallery and contributes a quarterly arts and health column, ‘From the Doctor’s Palette’, to Reflections magazine whilst supporting the national arts and health group. She led a successful bid for Strategic Health authority innovation funding to deliver a pioneering medical skin camouflage service within mental health recovery packages and through this is leading the Trust’s Innovation in Health strategy. She has been appointed to the Strategic Clinical Network (NHS England – NW) to lead on children’s mental health and has been awarded the accolade of a Fellowship of The Royal College of Psychiatrists.

**Lakhvir Rellon**

Lakhvir is the Director of Community Engagement at Birmingham and Solihull Mental Health NHS Foundation Trust. A social worker by background, she worked in the voluntary sector for Save the Children and the NSPCC before joining the NHS in 1998. She held a variety of roles prior to her current post, including Asian Services Development Manager, Locality Director and Director of Diversity. She is also involved in a number of charities, including being a Board member of Women and Theatre and Chair of MCRC – an Asian women’s mental health service.

**Jonathan Reynolds MP**

Whilst studying, Jonathan was inspired to join the Labour Party. After college, he was offered a place at Manchester University to study Politics and Modern History, and graduated in 2001 with First Class honours, having also been elected to the Students’ Union Executive. He had hoped to go to law school, but his plans changed after the birth of his son Jack.

After working for a year at Stockport Council, he became Parliamentary Assistant to James Purnell, the then MP for Stalybridge and Hyde, next door in Tameside. During this time, Jonathan was also elected to the National Executive (NEC) of the Labour Party to represent young members, serving between 2003 and 2005.
In 2007 he enrolled in law school, as a mature student. In 2008, he married his wife, Claire, and they have 2 children, Bess and Arthur. Claire, Jack, Bess and Arthur are the most important things in the world to him.

In May 2010, Jonathan held the seat for Labour, resigned his legal career, and became the Member of Parliament for the area. Jonathan doesn’t get much spare time, but when he does he likes to walk their two large dogs, watch TV shows like Mad Men and Game of Thrones, and grow fruit and veg in his back garden.

Josie Spencer

Josie joined Coventry and Warwickshire Partnership Trust in April 2011 as part of the Transforming Community Services transfer. Josie was previously the Managing Director of Coventry Community Health Services. Prior to that appointment she was Nurse Director of Sheffield Teaching Hospitals Foundation Trust.

Josie began her career in 1983, joining the NHS as a student nurse. She has over 30 years of NHS experience. Initially working in clinical practice in acute care, she has held a variety of leadership, management, teaching, and research and development posts throughout her career.

Josie was appointed Deputy Chief Executive from 1 October 2013.

Linda Stewart

Linda is a qualified nurse with 26 years’ experience working in mental health services, as a practitioner, nurse leader and service director. Since leaving the NHS in 2011 she has been working as a consultant on individual improvement projects and completing care reports for court. She opened her clinical hypnotherapy practice in 2012, where she works with people to help them make changes they want to their lives.

Linda’s career has focused on making a difference to the service user/carer experience. She strives to achieve high standards that are based on valuing people and the contributions they make.

Jay Sugar

Jay Sugar has been working in the voluntary sector for 8 years. Originally graduating with a BA Honours in Journalism and working as a press officer at a football club for two years, Jay decided on a drastic career change and to follow his passion of helping people. He has volunteered at three hospitals, a visual impairment charity and Mind in Barnet, before re-training and undertaking paid employment in mental health, where he currently works on a personalisation project, Nucleus, for Brent Mind in north-west London. In 2009, Jay founded the Irregular Cornea Foundation, a research and support service for people affected by disease or trauma to the cornea of the eye. He
regularly contributes to social media and online blogs and his particular areas of interest are focused on self-directed support, employment and anti-stigma. Jay is a qualified trainer in ASIST (Applied Suicide Intervention Skills Training) and is currently doing research into improving mental health in the workplace.

In his spare time, Jay enjoys eating out, has a passion (some say unhealthy) for Tottenham Hotspur, watching them both home and away (he hasn’t missed a league game in 4 years) and regular travels to weird and, on occasions, exotic places. The strangest thing he has done? Perhaps eating a snake (a combination of cobra and python to be precise) curry about 2 hours after nearly sinking in quicksand after falling out of a canoe powered by a motorbike engine during a ‘cruise’ down a river in Indonesia.

Kevan Taylor

Kevan Taylor has been Chief Executive of Sheffield Health and Social Care NHS Trust since 2002. He has a social care background and his first NHS job was as a Nursing Assistant within Middlewood Hospital in Sheffield. Particular interests include the supporting creative arts within mental health and disability services. He has also established a partnership between Sheffield’s mental health services and services in Northern Uganda. Sheffield and Gulu are now strong partners in learning from and supporting each other.

Iain Tulley

Iain Tulley has 14 years’ experience as a chief executive and over 30 years’ experience in healthcare, predominately in mental health. Prior to joining AWP, Iain was Chief Executive of Devon Partnership NHS Trust and has held numerous senior posts, including working in the Department of Health and as Director of Planning and Performance for the former Wiltshire Health Authority. He is a strong advocate of clinical leadership and describes the quality of the patient experience as his only priority.

Iain began his career in Scotland as a Registered Mental Health Nurse, has strong commissioning and provider experience and a good track record of partnership working. He has substantial experience of driving performance improvement and delivering organisational change, and has been actively involved in the development of the National Service Framework for mental health services.

Olivier Van den Broucke

Olivier Van den Broucke is Medical Lead for Child and Adolescent Mental Health Services in Hertfordshire Partnership University NHS Foundation Trust. Olivier is a Consultant Child
and Adolescent Psychiatrist working across Hertfordshire in young people’s services, including the Adolescent Drug and Alcohol Service – Hertfordshire (ADASH). Olivier studied medicine at Guy’s and St Thomas’ hospitals in London and then trained in psychiatry at the Royal Free Hospital rotation scheme, followed by the Tavistock training scheme. Olivier currently works with colleagues, young people and carers to ensure the provision of safe and effective child and adolescent mental health services across Hertfordshire.

**Charles Walker MP**

Since entering Parliament in 2005, Charles has championed the cause of mental health. He has promoted and supported many debates in Parliament and was a sponsor of Gavin Barwell’s Private Members Bill that overturned some historic discriminations in the areas of jury service, sitting as an MP and serving on a company board. Charles still believes much more needs to be done.

**Rob Walton**

Rob Walton is the managing partner of Wisper Public Affairs, a bespoke international medico-communications agency specialist in health policy reform.

With an in-depth knowledge of healthcare developed over 20 years, Rob has worked around the world with health experts, advocates, people living with ill health and those that care to help to deliver innovative health programmes delivering measurable and sustainable improvements in outcomes.

Over the course of his career, Rob has provided strategic counsel and guidance to deliver successful programmes in over 30 countries in many therapeutic areas, including mental health, infectious diseases, oncology, cardiovascular health and neurology.

Hailing from Lancashire, Rob is an English Law graduate with a Masters in Public Administration from Columbia University’s School of International Public Affairs in New York City. Rob’s keen interest is the development of consensus-led health policy reform and has provided support and advice to a number of high profile health policy campaigns in the UK and around the world.

**Dr Claire Westmoreland**

Dr Westmoreland graduated from Liverpool in 1999 and worked at Wirral Hospital for 4 years, obtaining an MRCP. In 2003 she made the decision to change career direction and moved over to general practice, starting as a salaried GP in Western Cheshire, before becoming a GP partner in 2006. Claire is currently a partner at City Walls Medical Centre in Chester. She has a
special interest in mental health and improving patient experience. She is the Chester City Network GP representative on the governing body for West Cheshire Clinical Commissioning Group, with a specific role as governing body sponsor for their mental health programme. Dr Westmoreland is married with two children and her hobbies include live music, skiing and caravanning.

**Judy Wilson**

Judy Wilson is the Clinical Director for Mental Health Matters (MHM). Judy has been working for MHM since 1 July 2013. Judy’s background is in the NHS, in mental health services in particular. She is a Registered Mental Health Nurse and is also trained in behaviour therapy and cognitive therapy. Judy retired from the NHS in 2012, after nearly 36 years, in which she ended up as Chief Executive of two mental health trusts in London. Judy was very keen that any future work she took on was about trying to improve the experience of people who use mental health services; the opportunity to work for a small and different sort of organisation like Mental Health Matters was very attractive. Judy has personal experience of using primary and secondary care mental health services and likes to ensure that she takes care of her own mental well-being.

**John Woodcock MP**

John is Labour and Co-operative MP for Barrow and Furness after being elected in May 2010. He was born in Sheffield and attended his local comprehensive, Tapton School, before going to Edinburgh University where he obtained a degree in English and History.

John was political spokesman to Gordon Brown before being elected and served as a Shadow Transport Minister with responsibility for roads and motoring from 2010 to 2012, stepping down to recover from an accident. Over the last year, John’s key campaigns have included Cumbria Better Connected campaign to improve rail and transport links to Cumbria, fighting to retain vital health services within the Furness peninsula and highlighting the importance of submarine building to British manufacturing. He has also won a campaigning award for his bill to protect bowling greens. He is married to Mandy and they have two daughters – Maisie, who is 4, and Molly, who is 1.

**Venetia Young**

Venetia Young has recently retired from clinical general practice and is now working part-time as a safeguarding lead GP for Eden Valley CCG in Cumbria. She has an additional training as a Family Therapist and worked for many years in Mental
Health in CAMHS, Drug and Alcohol and Adult Mental Health services. This means that she approaches mental health problems from a social as well as a medical perspective. She is very interested in delivering appropriate interventions in primary care as so many patients resist referral to statutory services. Major interests are medically unexplained symptoms and the frequent attender problem in primary care. She has presented solutions to these problems at many PriMHE workshops and conferences. She is currently Chair of PriMHE.

More recently she has trained in mindfulness and sees a great value in the use of this for occupational well-being in the NHS. In 2004 she collaborated with Eia Asen and Dave Tomson to write a book called ‘Ten Minutes for the family – systemic interventions in Primary Care.’ This has now been published in Portuguese. She also likes playing folk and classical music on her viola and writing poetry.

Dr Asif Zia

Dr Asif Zia is a Consultant Psychiatrist and Clinical Director for Learning Disability and Forensic Services for the Hertfordshire NHS University Foundation Trust. He has been involved in service development and quality improvement activities for the last 9 years of his Consultant Psychiatrist career. He has presented at various international, national and regional conferences on models of service delivery, quality standards, service users’ engagement, managed clinical networks, and on clinical topics such as epilepsy and autism.

Dr Zia has played an active role in encouraging participation by service users and their role in research and service development.
Quotes from our parliamentary judges

‘Judging the awards is inspiring as you get to see the amazing work that people do across communities. It is always difficult to shortlist ones as, in many ways, you would like all of the entries to win an award. This year I asked someone doing work experience with me from the Whizz-Kidz charity to help me and we both thought the quality of entries were extremely high. I am very grateful to Tony and Angie and honoured to be given the opportunity to help judge the awards.’

Philip Davies MP

‘I was delighted to be involved in the judging process and to learn about the innovative practices that commissioners and practitioners are putting in place to improve mental health provision in our communities. It’s clear, that while there is still many improvements needed in provision and spreading good practice around the country, much good work is being undertaken in the field of community mental health.’

Derek Twigg MP

‘It was an honour and a privilege to have been asked to help with this year’s judging process. Bearing in mind the quality of the contenders, making a decision was no mean feat. My warmest wishes and congratulations, not only to the winners but to everyone involved in the various projects who are helping to make a difference to the lives of people with mental health issues in our communities.’

Robert Buckland MP
‘It was a pleasure to be a judge on the panel for this year’s Positive Practice in Mental Health Awards. The quality of the entries was very high indeed and I was pleased to see the excellent work being done around the country by employers to look after their staff. I hope these schemes can be replicated nationally for the benefit of the whole NHS.’

John Glen MP

‘Every year it is getting harder to judge these awards due to the fantastic quality of the entrants. The range of projects put forward this year has been outstanding. The Positive Practice Awards allow us all to learn what is working well across the country, which as a Member of Parliament is extremely useful. All the entrants should be very proud of what they have achieved so far and by sharing your experiences the entire mental health sector grows stronger.’

Jason McCartney MP

‘It has been a pleasure to be a part of the National Positive Practice Awards and to judge the Innovation in Mental Health and Primary Care Award. I was so impressed by the standard of the submissions. All services were in their own way excellent, demonstrated innovative thinking and most importantly proved that they were making a positive difference to those who use them. My thanks to everyone at Breakthrough for all their hard work in making these awards happen, they are a great way to highlight some of the amazing work taking place in mental health services across the country.’

Luciana Berger MP, Shadow Minister for Public Health
‘Enlightening and uplifting’

Charles Walker MP

‘I was delighted to be asked by Angie and Tony Russell to be part of the judging panel for the Positive Practise Awards which recognises the hard work done by a care team which has shown real innovation in developing and delivering a service that helps people who have mental health problems or dementia. The standard of entries was incredibly high and it was heart-warming to see the effort people up and down the country put in, every day, to look after the welfare of others.’

Jonathan Reynolds MP

‘I would like to wish the best of luck and congratulations to all nominees and award winners at tonight’s Positive Practice in Mental Health Awards. Your organisations do a fantastic job of helping people and their families, often at a time of real crisis, and you make a real difference to so many lives.’

Nicky Morgan MP, Secretary of State for Education
‘It’s a real honour to get to be part of these awards and meet inspiring people who do brilliant work supporting people with mental health conditions.’

John Woodcock MP

‘Mental health is a huge issue and it still doesn’t get the attention or funding it deserves. Awards like these are a fantastic way of changing this and raising the profile of mental health. The extremely high calibre of all those on the shortlist made judging for these awards incredibly difficult. All those nominated demonstrated very clearly their dedication to improving mental health services and how their hard work really can make a difference.’

Michael Dugher MP
Contact details

Art, Mental Health and Wellbeing award

Cartwheel Arts
email: kerry@cartwheelarts.org.uk
Kerry Bartram
Phone: 01706 361300

Raw Sounds
email: hkempwelch@gmail.com
Hannah Kemp-Welch
Phone: 020 77376103

Breathe Arts
email: yvonne@breatheahr.org
Yvonne Farquharson
Phone: 07885 912727

BME award

The FAM (Football and Music) project
email: info@keychanges.org.uk
Mark Vincent
Phone: 020 75498172

Substance misuse clinic for East European service users
email: David.hurn@derbyshcft.nhs.uk
David Hurn
Phone: 01332 623700 ext. 361134

Six Degrees
email: phil.mcevoy@nhs.net
Phil McEvoy
Phone: 0161 2124981

Commissioning in Mental Health award

Integrated Provider Hub, West Cheshire CCG
Cathy Walsh

The Mental Health Commissioning Team, Hardwick CCG
email: tracy.mcgonagle@hardwickccg.nhs.uk
Tracy McGonagle
Phone: 01773 599462

Mental Health Crisis Care Concordat,
NHS Gloucestershire CCG
Eddie O’Neil
Phone: 07717 720398
### Improving Care for People in a Mental Health Crisis award

<table>
<thead>
<tr>
<th>Team</th>
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<tbody>
<tr>
<td><strong>Initial Response Team</strong></td>
<td>Garry Schulz 0191 2232362</td>
</tr>
<tr>
<td>email: <a href="mailto:garry.schulz@ntw.nhs.uk">garry.schulz@ntw.nhs.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>Recovery Clinics</strong></td>
<td>Thomas John 01622 725000 ext. 221</td>
</tr>
<tr>
<td>email: <a href="mailto:thomas.john@kmpt.nhs.uk">thomas.john@kmpt.nhs.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>Family Work Service</strong></td>
<td>Dr Rumina Taylor 020 32284991</td>
</tr>
<tr>
<td>email: <a href="mailto:Rumina.Taylor@slam.nhs.uk">Rumina.Taylor@slam.nhs.uk</a></td>
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### Integrating Physical and Mental Health Care award

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<tr>
<td><strong>Living Well Programme</strong></td>
<td>Dr Jen Unwin 01704 387020</td>
</tr>
<tr>
<td>email: <a href="mailto:j.unwin@nhs.net">j.unwin@nhs.net</a></td>
<td></td>
</tr>
<tr>
<td><strong>Bristol Boxfit</strong></td>
<td>Malcolm Sinclair 07810 717713</td>
</tr>
<tr>
<td>email: <a href="mailto:malcolm.sinclair@nhs.net">malcolm.sinclair@nhs.net</a></td>
<td></td>
</tr>
<tr>
<td><strong>The FAM (Football and Music) project</strong></td>
<td>Mark Vincent 020 75498172</td>
</tr>
<tr>
<td>email: <a href="mailto:info@keychanges.org.uk">info@keychanges.org.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>The Psychological Medicine Service</strong></td>
<td>Dr Ankush Singhal 0161 7162071</td>
</tr>
<tr>
<td>email: <a href="mailto:ankush.singhal@nhs.net">ankush.singhal@nhs.net</a></td>
<td></td>
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<tr>
<td><strong>One Stop Shop</strong></td>
<td>Stephanie Singham 020 71881980</td>
</tr>
<tr>
<td>email: <a href="mailto:Stephanie.singham@gstt.sthames.nhs.uk">Stephanie.singham@gstt.sthames.nhs.uk</a></td>
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### Innovation in CAMHS award

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<tr>
<td><strong>Harmless</strong></td>
<td>Adrienne Grove 0115 9348445</td>
</tr>
<tr>
<td>email: <a href="mailto:info@harmless.org.uk">info@harmless.org.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>Breathe Arts</strong></td>
<td>Yvonne Farquharson 07885 912727</td>
</tr>
<tr>
<td>email: <a href="mailto:yvonne@breatheahr.org">yvonne@breatheahr.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>Peer Support Workers</strong></td>
<td>Karen Etheridge 07917 076655</td>
</tr>
<tr>
<td>email: <a href="mailto:Karen.etheridge@rdash.nhs.uk">Karen.etheridge@rdash.nhs.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>The Lancashire Care Tier 4 CAMHS Inpatient Service</strong></td>
<td>Lindy Simpson 07912 445282</td>
</tr>
<tr>
<td>email: <a href="mailto:lindy.simpson@lancashirecare.nhs.uk">lindy.simpson@lancashirecare.nhs.uk</a></td>
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<tr>
<td><strong>Innovation in CAMHS award cont.</strong></td>
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<tr>
<td><strong>Mymind.org.uk</strong></td>
<td>Fiona Pender</td>
</tr>
<tr>
<td>email: <a href="mailto:fiona.pender@cwp.nhs.uk">fiona.pender@cwp.nhs.uk</a></td>
<td>Phone: 0151 4888111</td>
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<tr>
<th><strong>Innovation in Mental Health in Primary Care award</strong></th>
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<tr>
<td><strong>Moving Forward Newcastle,</strong> Mental Health Concern</td>
<td>Louise Kitchingham</td>
</tr>
<tr>
<td>email: <a href="mailto:louise.kitchingham@concerngroup.org">louise.kitchingham@concerngroup.org</a></td>
<td>Phone: 0191 2170377</td>
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<tr>
<th><strong>The Practitioner Health Programme,</strong> London</th>
<th>Dr Clare Gerada</th>
</tr>
</thead>
<tbody>
<tr>
<td>email: <a href="mailto:clare.gerada@nhs.net">clare.gerada@nhs.net</a></td>
<td>Phone: 07973 830588</td>
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<tr>
<th><strong>Don’t Panic, Coventry and Warwickshire Partnership</strong></th>
<th>Dr Dan Barnard</th>
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<tbody>
<tr>
<td>email: <a href="mailto:dan.barnard@covwarkpt.nhs.uk">dan.barnard@covwarkpt.nhs.uk</a></td>
<td>Phone: 01789 415440</td>
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<tr>
<th><strong>Making a Difference award</strong></th>
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<tbody>
<tr>
<td><strong>Mark Thorpe</strong></td>
<td>Sheffield Health and Social Care NHS Foundation Trust</td>
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<tr>
<th><strong>Dr Daniel Dietch</strong></th>
<th>Lonsdale Medical Centre, London</th>
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<tr>
<td>email: <a href="mailto:ddietch@nhs.net">ddietch@nhs.net</a></td>
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| **Sam Ripley** | Southdown Housing |
| Association, Sussex |  |

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<tr>
<th><strong>Mental Health Administrator award</strong></th>
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<tr>
<td><strong>Carly Russell</strong></td>
<td>Surrey and Borders Partnership NHS Foundation Trust</td>
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<tr>
<th><strong>Lorna Carter</strong></th>
<th>Southdown Housing Association, Sussex</th>
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<p>| <strong>Janet Owen</strong> | Cheshire and Wirral Partnership NHS Foundation Trust |
| email: <a href="mailto:janet.owen@cwp.nhs.uk">janet.owen@cwp.nhs.uk</a> |  |</p>
<table>
<thead>
<tr>
<th>Category</th>
<th>Organization</th>
<th>Contact Person</th>
<th>Email</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Mental Health and Criminal Justice award</td>
<td>MAC- UK, London</td>
<td>Patricia Mecinska</td>
<td><a href="mailto:patricia.mecinska@mac-uk.org">patricia.mecinska@mac-uk.org</a></td>
<td>020 77229771</td>
</tr>
<tr>
<td></td>
<td>Resettle, Liverpool</td>
<td>Vikki Baker</td>
<td><a href="mailto:vikki.baker@merseyside.probation.gsi.gov.uk">vikki.baker@merseyside.probation.gsi.gov.uk</a></td>
<td>0151 4944390</td>
</tr>
<tr>
<td></td>
<td>Adult Gang Clinical Team, Self Help Services</td>
<td>Nic Seccombe</td>
<td><a href="mailto:nic.seccombe@selfhelpservices.org.uk">nic.seccombe@selfhelpservices.org.uk</a></td>
<td>0161 2263871</td>
</tr>
<tr>
<td></td>
<td>The Substance Misuse Team at HMPYOI</td>
<td>Ben Judd</td>
<td><a href="mailto:Benjamin.Judd@HMPS.gsi.gov.uk">Benjamin.Judd@HMPS.gsi.gov.uk</a></td>
<td>01747 856557</td>
</tr>
<tr>
<td>Mental Well-being of Staff award</td>
<td>AWP Walking Challenge</td>
<td>Sue Hine</td>
<td><a href="mailto:shine1@nhs.net">shine1@nhs.net</a></td>
<td>01249 469067</td>
</tr>
<tr>
<td></td>
<td>The Mindfulness of Staff Project, TEWV</td>
<td>Sheila Jones</td>
<td><a href="mailto:sheila.jones15@nhs.net">sheila.jones15@nhs.net</a></td>
<td>01642 283892</td>
</tr>
<tr>
<td></td>
<td>Compassionate Mind Training for Staff, Derbyshire</td>
<td>Michelle Cree</td>
<td><a href="mailto:cree.michelle@gmail.com">cree.michelle@gmail.com</a></td>
<td>01332 268468</td>
</tr>
<tr>
<td>Older People’s Mental Health award</td>
<td>Dementia Intensive Support Team NSFT</td>
<td>Will Cook</td>
<td><a href="mailto:will.cook@nsft.nhs.uk">will.cook@nsft.nhs.uk</a></td>
<td>01603 421214</td>
</tr>
<tr>
<td></td>
<td>Positive Outlook Programme, Lancashire Care</td>
<td>James Harper</td>
<td><a href="mailto:james.harper@lancashirecare.nhs.uk">james.harper@lancashirecare.nhs.uk</a></td>
<td>07507 857452</td>
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<tr>
<td></td>
<td>Amore Care, Priory</td>
<td>Steve Amos</td>
<td><a href="mailto:stephenamos@priorygroup.com">stephenamos@priorygroup.com</a></td>
<td>07764 826325</td>
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<tr>
<td>Partnership Working award</td>
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<tr>
<td>**Wandsworth Psychological Therapies and</td>
<td><strong>Jane Street</strong></td>
<td><strong>Phone: 07912 072084</strong></td>
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<td>Well-being Service, SWLSTG</td>
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<tr>
<td>email: <a href="mailto:jane.street@swlstg-tr.nhs.uk">jane.street@swlstg-tr.nhs.uk</a></td>
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<tr>
<td><strong>The Psychological Medicine Service</strong></td>
<td><strong>Dr Ankush Singhal</strong></td>
<td><strong>Phone: 0161 7162071</strong></td>
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<tr>
<td>email: <a href="mailto:ankush.singhal@nhs.net">ankush.singhal@nhs.net</a></td>
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<tr>
<td><strong>South London Community Choir, SWLSTG</strong></td>
<td><strong>Catherine Durkin</strong></td>
<td><strong>Phone: 0203 5136069</strong></td>
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<tr>
<td>email: <a href="mailto:catherine.durkin@swlstg-tr.nhs.uk">catherine.durkin@swlstg-tr.nhs.uk</a></td>
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<th>Patient Experience award</th>
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<td>**The Skin Camouflage Service, 5 Boroughs</td>
<td><strong>Dr Sandeep Ranote</strong></td>
<td><strong>Phone: 01942 775437</strong></td>
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<tr>
<td>Partnership**</td>
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<tr>
<td>email: <a href="mailto:sandeep.ranote@5bp.nhs.uk">sandeep.ranote@5bp.nhs.uk</a></td>
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<tr>
<td>**The Hertfordshire Community Eating</td>
<td><strong>Tanya Lovett</strong></td>
<td><strong>Phone: 07900 162273</strong></td>
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<tr>
<td>Disorders Service, HPFT</td>
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<tr>
<td>email: <a href="mailto:tanya.lovett@hpft.nhs.uk">tanya.lovett@hpft.nhs.uk</a></td>
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<tr>
<td>**Maintaining Adherence Programme, South</td>
<td><strong>Christine O’Keefe</strong></td>
<td><strong>Phone: 07775 860331</strong></td>
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<tr>
<td>Essex Partnership**</td>
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<tr>
<td>email: Christine.O’<a href="mailto:Keefe@sept.nhs.uk">Keefe@sept.nhs.uk</a></td>
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<th>Reducing Stigma award</th>
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<tr>
<td><strong>Kim Parker</strong></td>
<td><strong>Sheffield Health and Social Care NHS</strong></td>
<td><strong>Phone: 01142 263306</strong></td>
</tr>
<tr>
<td>email: <a href="mailto:kim.parker@shsc.nhs.uk">kim.parker@shsc.nhs.uk</a></td>
<td><strong>Foundation Trust</strong></td>
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<tr>
<td><strong>Thomas Ankin</strong></td>
<td><strong>Goldsmiths University, London</strong></td>
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<tr>
<td>email: <a href="mailto:disabledstudentsofficer@goldsmithssu.org">disabledstudentsofficer@goldsmithssu.org</a></td>
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<tr>
<td><strong>Matthew Clifton</strong></td>
<td><strong>Cambridge</strong></td>
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<tr>
<td>email: <a href="mailto:beatdepressiontogether@yahoo.co.uk">beatdepressiontogether@yahoo.co.uk</a></td>
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• addressing the traditional distinctions between the mind and body in research and education allowing us to train students and staff to deliver more integrated care
• working with our local commissioners to find new ways of paying for integrated services
• linking IT systems across our partner trusts so that clinicians have access to a person’s physical and mental care records
• publishing a series of Outcomes Books which measure both physical and mental health outcomes and the value for money of the care we provide
• investing in innovative programmes such as IMPARTS (Integrated Mental and Physical Healthcare: Research, Training and Services) and 3 Dimensions of care for Diabetes (3DfD)
• recognising the importance of employee mental and physical health and wellbeing.

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